



SPECIAL POINTS OF INTEREST:

- Presidents Message
- What You Missed
- Board/ Business Update
- Analyzing the Comfort Question
- Calendar
- Happy Dollars

INSIDE THIS ISSUE:

- President's Message 1
- What You Missed 1
- Board/ Business 2
- Article on Comfort Food 3
- Calendar 5
- Happy Dollars 6



President's Message: Consider the Possibilities

In spite of the heat, welcome after a June of overcast skies and cold weather, we are off to a fine start in our new club year—we inducted a new member, Kathryn Keever, at our first business meeting. Welcome Kathryn. We celebrated Perfect Attendance with certificates, flowers and the little taggie things that decorate our name badges. I am grateful to everyone who helped me get organized as I take on my responsibilities as president.

This year, considering the possibilities, we will continue to focus on our projects that benefit women and children. We will remember President Cathy Stanford's words, "When we help one woman or girl, regardless of the community or country, we help all women and girls in the world." In that spirit we are

already gearing up for Air Races so we'll have those lovely dollars to spend.



President Patti

We have been asked by SIA and Renaissance II-Strategies for Progress to work hard on membership, both recruitment and retention. It is the history of Soroptimist that members often leave

after 2-3 years. Our job is to create a happy, healthy club which no one wants to leave—ever—and we've done well as evidenced by our Perfect Attendance Awards. However, there are other measures of Soroptimist Service and no member should ever be made to feel she has to "do it all." Each of us must contribute according to the time and talents we have to share. Each of us is valuable to our club and our mission. Together we can improve the lives of women and girls.

Together let's look forward to a successful and fun-filled Air Races week, programs that educate and inspire, good food (sometimes a nip or two) and committee work that leads to fun, friendships and service.

President Patti

What You Missed

By Past President Bev

6/18/10 As usual, our Year in Review meeting was the best of the year. This meeting is so special that long-time members we rarely see even made the effort to attend much to the delight of the rest of us. The Photo/Scrapbook committee (comprised solely of Paula Leyba, due to the loss of members who

just happened to be on her committee) with a little help from her friends, presented President Bev with a fun scrapbook. Paula also made a wonderful slide presentation for all in attendance to see what great things have been accomplished by this club since July of 2009. We laughed, we cried (well I did), we were amazed by

all the hard work of our members. Long-time member Faye I. Andersen once again provided us with a one-page summary of our accomplishments for the year which impressed everyone. This year's Laurel Society was presented to Marilyn Pearson.

Continued on Page 3

Different Meeting Location August 5



Nothing To It Culinary Center

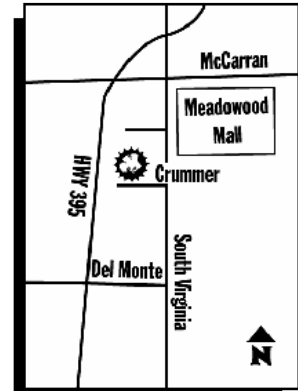
During Hot August Nites, the Atlantis has asked us to move for the week. Since parking is nonexistent during that time, we gladly oblige.

Our location for the August 5 meeting will be at the “Nothing To It Culinary Center” located at 225 Crummer Lane (926-2628)

Cancellations will need to be made by Monday, August 2nd and you will need to email Niki Ewing with your meal choice at nchamp1@yahoo.com

The meal choices are:

1. Turkey Brie
2. Kenwood Certified Angus Roast Beef
3. One half Turkey Brie Sandwich with Kelly’s Salad
4. Chicken Caesar Salad
5. Mandarin Chinese Chicken Salad



Back Row: Past President Bev Perkins, Dorothy Nash Holmes, Marilyn Pearson, Rosalie Henry, Pam Robinson, Teresa Mentzer, Diana Dillon, Paula Ringkob, Enid Oliver, Kay Dunham
 Front Row: Jo Ann Roberts, President Patti Doty, Mich Glazier, Patty Tucek, Sue Camp, Gayle Baxley, Georgia Baker



Perfect Attendance Award Winners

Board/Business Update

By Faye I. Andersen

2009-2010 Perfect Attendance Award

1 Year—Mich Glazier, Rosalie Henry & Teresa Mentzer

2 Years—Patti Doty, Dorothy

Nash Holmes, Norma Rash & Patty Tucek

3 Years—Carol Dineen

4 Years—Paula Leyba, Becky Moody & Ann Steckline

5 Years—Enid Oliver & Paula Ringkob

6 Years—Marilyn Pearson

7 Years—Bev Perkins

8 Years—Gayle Baxley

9 Years—Sue Camp

13 Years—Diana Dillon

14 Years—Kay Dunham

15 Years—Georgia Baker

20 Years—Pam Robinson

27 Years—Faye I. Andersen & Jo Ann Roberts

SIA Convention

President Patti Doty served as SITM’s Delegate to the SIA 41st Biennial Convention held in San Francisco this month. Joining her were Immediate Past Governor Sue Camp, President Elect Norma Rash and Past Presidents Kay Dunham and Diana Dillon.

For a synopsis of President Patti’s Delegate’s Report, see next month’s newsletter.

Happy Dollar Designations For the Year

The SITM Board made Happy Dollar Designations for most of the 2010-2011 Club Year. A few months remain open. Applications for Happy Dollars are on the website. Following

is a recommendation by the Finance Committee, each month’s Happy Dollars will be matched by SITM’s service funds and the money will be divided by the two designated organizations.

Committee Coordinators and individuals should contact President Patti for an application, if you would like to request a month’s designation for a particular organization. Months designated so far include:

July—Food for the Poor & Food Bank of Northern Nevada

August—Habitat for Humanity & Sierra Nevada Stitchers

September—Bristlecone Family Resources & Susan G. Koman Race for the Cure

October—Disability Resources & Girl Scouts of the Sierra

November—SI Puné Metro East & the Committee to Aid Abused Women

What You Missed (continued from page 1)

6/25/10 This week's meeting: No surprise this — our Installation of Officers was splendid! In keeping with incoming President Patti Doty's theme "Consider the Possibility", Installing Officer Patty Downs matched women from history who had been first in accomplishment to their counterparts on the new Board. President Patt's "first woman" was the multi-talented Hillary Clinton, first US woman to hold a spot as a presidential candidate in every primary and caucus in every state and the first woman to win a presidential

primary. Each new Board Member was given a headpiece of laurel leaves and Patti was also presented with a laurel wreath. Gifts were exchanged and the appropriate pins as well.

We had several distinguished guests in addition to Patti's family we had President Marsh Hughes from SI Washoe County. We also had the two VP's from SI Washoe County, Debbie Rovere and Donna Herz. The District III Director Debbie McMillin and the District II Director Trudy Mills as well.

The Ceec Abraham Award was also given this year to Norma Rash for going above and beyond in service to our club.

7/8/10 We were dark so you did not miss a thing.

7/15/10 President Patti's first business meeting went off without a hitch. Perfect Attendance Awards were given out and birthdays celebrated including our newest member Kathryn Keever who was also inducted as a member.

Board/Business Update (continued)

December-SIA President's Appeal

January-Aly's Prom Closet

February-Juvenile Diabetes & Quest Counseling & Consulting

March-Open

April-Open

May-Open

June-President's Choice

Membership Changes

The Board approved Leaves of Absence for Sonya Hem Giroux through December following the birth of son Jack; Paula Leyba through September for work reasons. The Board accepted with regret the resignation of Deborah Albrecht.

A new member was accepted for membership and is to be inducted at the July 15 business meeting. Please welcome Kathryn Keever.



Sue Camp, Kathryn Keever, President Patti

SITM Board of Directors 2010-2011

Back Row: Pam Robinson, Rosalie Henry, Peggy Smith, Marilyn Pearson, Bev Perkins, Carol Dinneen, Paula Ringkob, Norma Rash

Front Row: Mich Glazier, Doreen Rogers, President Patti Doty, Patty Tucek, Teresa Mentzer





Analyzing the Comfort Question

The other night I was waiting for a pot of water to boil, and my thoughts wandered to the subject of comfort food, (I think of food a lot.) My thoughts did not have far to wander. I was planning on having spaghetti & meatballs, and was boiling the water because I have found thru a meticulous process of trial and error, that pasta is better when cooked. I was, further planning on the spaghetti and meatballs because I had a rough day. The weekend seemed a long way off, the weather was being unkind, all of my friends were ignoring me, and the planets were aligned all wrong. My dog hated me or would have hated me if I had a dog, which I don't. In short, I felt, needed and deserved some comfort, hence the spaghetti and meatballs, and hence the wait for the water to reach 212 degrees Fahrenheit. There are, of course, many things I could do while waiting for water to boil other than ruminating about comfort food. If I were a fitness enthusiast, I could drop to the floor and perform two hundred push-ups. If I were a neatness enthusiast, I could mop the floor instead of dropping on it. If I were Martha Stewart, I could put in a new floor of carefully selected tiles that I had hand painted, using any leftover scraps to make decorative tags for my dog, if I had a dog, which I don't. But I am not a jock, a mopper, a tile smith or a sybarite. I am just a gal who is waiting very patiently for the water to boil. I assume the Ralph Waldo Emerson approved posture of "Man Thinking", in this case by slouching against the counter and wondering about comfort food.

I was thinking about how much comfort food has changed, and how much it hadn't. Take a look at my dinner, I said I was going to have spaghetti & meatballs, but that is not really the case. What I'm really going to have is curly pasta, topped with a tomato-based sauce that might or might not have meat in it, hard to tell, because when I threw it in the freezer, I forgot to label it. If the sauce did not contain some kind of meat it was probably a mixture of some kind of meat or meats and probably some chorizo, rather than ground beef. But I still thought of the dish as spaghetti and meatballs. Why? Because that is the way I first learned to eat pasta with meat sauce.

Fine, but I also had time (even when you are careful not to watch it, a pot can take forever to boil.) to wonder why spaghetti and meatballs in whatever guise was comfort food in the first place, likewise pot-roast, mashed potatoes, clam chowder, macaroni and cheese, and a whole list of other things, ending with ice cream. (Oh, Yeah) It's not the food itself that is so comforting, but the act of eating it, an act that is greatly enhanced when food is shared with someone we feel comfortable with and in an environment we are comfortable with, all very basic, despite the curly pasta and (maybe) chorizo.

I felt that the other night. Emerson would have been extremely proud of me. After all, what better example of "Man Thinking" than someone who could reason through the whole knotty question of comfort food in the time it takes for a pot of water to boil. What better indeed? Well, perhaps someone smart enough to notice the burner wasn't lit. I'll tell you, there are nights when even the prospect of spaghetti and meatballs wouldn't keep me from kicking the dog, if I had a dog, which I don't. Comfort food, do you really need an explanation?

The Anonymous Soroptimist

SITM Calendar

JULY 2010

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7 SIA Con- vention	8 SIA Con- vention	9 SIA Con- vention	10 SIA Con- vention
11	12	13 SITM Board Meeting Pam Robinson's ofs	14	15 Business Meeting	16	17
18	19	20	21	22 Environment Meeting	23	24
25	26	27	28	29 Air Races	30 COTR	31 COTR

AUGUST 2010

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5 Hospitality at Nothing To It School	6	7
8	9	10 Board Meet- ing Pam Robin- son's ofs	11	12 Business Meeting	13	14
15	16	17	18	19 Website/ Facebook Up- date	20	21
22	23	24	25	26 Recruitment & Retention	27	28
29	30	31				

6/17/10 Year in Review

Note: Several members thanked Paula Leyba for a great job on the year in review, congratulating Marilyn Pearson for being the Lsurel Society recipient and for Faye I. Andersen for the compilation of what we do.

Vicki Schultz thanked Paula Leyba for buying the white Mustang she had for sale. **Patty Downs** told a story about some problems with a local nursery that refused to take back a plant she purchased saying she “must have murdered it”. Patty’s mom “kicked some garden shop a . . .” and Patty now has a new plant. **Margie Hermanson** is going to California for a US Open party even though she doesn’t have tickets. **Pam Sutton** is back into flying and had several good session recently, staying up in a glider for an hour. It “felt just great”. **Vicki Mendoza** gave saying she promised President Bev she would come for one meeting during her presidency. She noted the Atlantis has a whole new décor since her last meeting. She’s been spending lots of time flying down to see her mother in Las Vegas who suffered from dementia. Vicki will be biking across Iowa again this year the last week in July. She hopes to come to meetings more often. **Scarlet Ewy** gave saying the success of our club is “not about one person doing it all”. We “do what we can when we can”. **Pam Robinson** gave to congratulate President Bev, Paula, and Marilyn, telling Marilyn “don’t lose the pin”! **Billie Mendiola** Her son is graduating from ABC Electronics School and she’s happy he has a job. She’s having a combined celebration for Father’s Day. **Marna Griffin** Her grandson, Jackson, graduated from kindergarten recently and his “class looked like the United Nations”. **Paula Ringkob** has a new grandson named Grayson! **Debra Sanborn** gave congratulations to all, saying she’s “honored to be part of this group”. She happy because she’s just purchased a fore-closed house after a tough year. **Gayle Baxley** gave for her guest, Mary Ann, **Marilyn Pearson** gave to thank for her LS membership. **Faye I. Andersen** gave to congratulate President Bev, the Board, club members, and Paula saying, “you have done all this, almost \$100,000 dollars in donations and services this year”. “We do lots of great work out there”. Faye also thanked Paula Ringkob for all the emails to get the YIP figures correct. She praised Paula for her “institutional knowledge” of the club’s finances. **Doreen Rogers** gave for her 58-year-old father who’s bringing a “lady friend to Father’s Day dinner on Sunday. He wants the family to be on their “best behavior”. He may move back to California with her, depending on how the visit goes! **Sue Smith** gave for a great year. She’s looking forward to taking her grandkids to Art Town activities. **Norma Rash** praised Paula Leyba for “making us all look really good” on the YIR video. Her nephew is in the Air Force and achieved a Tech Sergeant ranking where he and his wife live in Japan. She’s going on another road trip with grandkids soon and will do some campfire cooking. She may come back next week “with no eyebrows or hair”. **Enid Oliver** recently took photos of Enid’s work team and she recommends her highly. Friends gave Enid money towards a spa day at the Atlantis that she enjoyed. **Mich Glazier** is starting a part time job for a research facility. **Paula Leyba** gave to thank Vicki for the great deal on her new Mustang. Once she saw it “I had to have it”. She “almost had a mini breakdown” because of the scrapbook and video but “can sleep and breathe now”. **Patti Doty** gave because “this is almost the last time I have to do this job” (Happy Dollar microphone). **Sande Reimers-McLaughlin** gave because she is also a “transfer to this great club” and said she also sat next to Bev Perkins on her first visit. She congratulated everyone and said she’s going to fly to Anchorage soon and ride back on a motorcycle with her husband, a 3500-mile trip! “Wish me luck.” **Bev Perkins** gave to thank everyone for a wonderful year and thanked Vicki Mendoza and Laurie Chappelle for attending the meeting today.

6/24/10 Installation of President Patti Doty and 2010-11 Board

Note: Several members gave for the Installation, for President Bev and her board, for President Patti and her board and for Norma Rash receiving the Ceec Abraham Award.

Patty Downs gave saying it was “an honor and a privilege to do the installation today. She’s been a member for 20 years this year. She thanked Peggy Smith, Cindy Burk and “the incredible Faye” for their help with the installation. **Doreen Rogers** her family approved of her father-in-law’s lady friend. **Vicki Schultz** her Saint Bernard just had surgery and needs 8-10 weeks of inactivity! **Georgia Baker** gave for IPP Bev saying “I don’t think I’ve ever known so much about Mickey Mouse”. **Faye I. Andersen** gave to congratulate everyone and to thank all the guests from other clubs for attending. **Linda Lamke** her granddaughter Rachel is visiting and “money just flew out of my pocket”. **Millie Mitchell** she will be a great aunt in February. **Carol Dinneen** reported she has a dead mouse in her car like Monica House did. **Margie Hermanson** her grandson, Austin, just turned 13. **Joan Hughes** gave saying “this club is like a family”. She spends half her year in Mexico but SITM felt “like home” when she returned. **Betsy Dart** gave for her 37th wedding an-

niversary yesterday. Her 18year old niece is coming from Germany to stay for a month. Betsy will teach her how to drive a car. Betsy felt “very welcomed” into the club when she joined. **Norma Rash** was “honored and humbled” to receive the Cees Abrahams award. She also thanked Peggy Smith for the laurel head pieces.

7/1/10 Committees Meeting

Mich Glazier gave saying she went to an SI Reno meeting at 7:00 am for their installation recently. She thanked Gov. Sue saying, “she did one heck of a job”. **Norma Rash** gave for the SI Reno installation and to thank Pam for attending her General Fund training. **Eileen Fuller** gave saying she’s missed the last two meetings because she’s been “in places where cell phones don’t work”. She went to Jarbidge and got stuck in the snow. She also went to Idaho and played golf. **Margie Hermanson** gave for baby-sitting her one and four year old grandsons recently. “We collapse at night”. She’s going to Lake Tahoe with her family for the July 4th weekend. **Georgia Baker** gave for a fundraiser for ALS where she won a week in Puerta Vallarta for 20 people. She sold her house and has to move out in 26 days. **Jean Neddenriep** gave for her son who has arranged for his 21year old Afghani interpreter to attend UNR. **Pam Sutton** gave for taking her lamp working equipment to North Lake Tahoe and giving a demonstration. “It was a hoot.” **Pam Robinson** gave thanking Norma for the treasurer’s training and was glad she remembered some of it. She’s busier at work and grateful. **Niki Ewing** gave for Tanner who had tubes put in his ears. She thanked Diana Dillon for going with her to the doc’s office. **Kay Dunham** gave for “dog week”. Several of her dogs had vet visits resulting in further procedures. She recommends pet insurance. Kay is looking forward to attending the SIA convention in San Francisco next week. **Dorothy Nash Holmes** gave saying she is going to Modesto for a retirement party over the 4th. **Vicki Schultz** gave for her dog who tore a ligament and is not supposed to run. It’s tough “babysitting a dog that weighs more than you”. She has pet insurance. Her daughter in DC bought a house. **Millie Mitchell** gave for a new exhibit and the UNR Knowledge Center on printmaking. **Cindy Burk** gave for her upcoming trip to Graeagle and their new canoe. Her mom will be there too. **Marna Griffin** gave for a wonderful girls night she had at Azedah’s house where she enjoyed Persian food. Marna is going to Alaska in two weeks. **Jennifer Crowe** gave saying she’s been busy with company and golf. They visited grandparents recently and Addison had a good time in a kiddie pool, which was great at tiring her out. **Doreen Rogers** gave for her father-in-law who has decided to move to Oceanside to be with his lady friend. Doreen says he’s “one cloud nine”. **Gayle Baxley** gave for the 36th anniversary and family reunion. She and Glenn are planning a second vacation cruise to Canada and New York City where Glenn was born. **Lynn Robbins** gave saying “Happy Canada Day to me”.

7/9/10 Dark for July 4th holiday

7/15/10 July Business Meeting

July Happy Dollars go to Food for the Poor and the Food Bank of Nevada

Note: Several members gave for President Patti’s first successful meeting and for the induction of new member Kathryn Keever

Kris Olsen gave for the upcoming August 22 NV Colon Cancer Partnership event at the Aces game where she and the Dr. Poo and the Butt Kickers (Gayle Kmetovicz, her husband and Stan and Teresa Mentzer) will perform the colonoscopy song. Tickets are \$15 and include a t-shirt. **Rosalie Henry** gave for a Reno Jazz Concert she attended and for her upcoming trip to Las Vegas for a chi gong workshop. **Jean Neddenriep** her Afghan “son” is here from Kabul and will attend UNR. He is available as a speaker. **Georgia Baker** found a house in Double Diamond but had trouble with a leaking jetted tub in the house she’s selling. **Jo Ann Roberts** gave for the program and her 27 years of perfect attendance. She thanked members for their birthday cards and was glad to see Gayle K. at our meeting today. The SNR Board will consider our Solar Oven project for the NV and CA region project. Jo Ann thanked Betsy Dart for bringing the project to SITM. **Paula Ringkob** gave saying her 5-week-old grandson has a shirt that says “ipood” as a pun in “ipod”. **Cindy Burk** gave for the perfect attendance members and thanked Jo Ann for all her help keeping track of people’s makeup meetings. Cindy’s assistant helped with the accounting and asked Cindy not to volunteer to do that again. **Marilyn Pearson** gave for the wedding of her son this coming weekend but had sad dollars for her daughter who had to call off her August wedding due to her finance’s mental health problems. **Kathryn Keever** gave saying she’s been enjoying the meetings. **Pam Sutton** got back to piloting her glider recently and was happy not to have crashed it. **Monica House** gave for her “ongoing battle” with her homeowner’s association for a permit to build a green house. She is lov-

ing summer. **Gayle Kmetovicz** gave saying “it’s good to be here”. **Joan Hughes** gave for two friends from her form SI Grass Valley region who will attend the SITM meeting next week. **Enid Oliver** for her recent vacation at Graeagle. “It’s just a different place to do a lot of work.” **Margie Hermanson** for a “fabulous” week with her family at Lake Tahoe. Her husband golfed at the RTO and his teammates wore “What About Bob” t-shirts. **Eileen Fuller** gave for Art Town, which is “driving me crazy but its good stuff”. She had an opening recently at the Artist’s Coop, Rock Art Show. **Vicki Schultz** gave to welcome her guest saying it’s “a joy to come here and relax”. She gave a plug for pet insurance saying she received almost half of her recent \$3500 vet bill back because of it. **Millie Mitchell** is feeling much better after lots of allergy problems. **Tina Smith** gave for her trip to the SIA convention where she sold some of her jewelry. She’s having 18 people for her daughter’s combined 26th birthday and engagement party. **Kay Dunham** gave for the SIA convention saying they had fabulous speakers including one on the perils of prostitution. Her granddaughter and Brian came to San Fran for the weekend and they watched the World Cup at a bar full of Spaniards. **Billie Mendiola** for her husband, Mike, who is recovering from cancer surgery on his nose. “He lost about ½ of his nose.” Doctors assure her that plastic surgery will help a lot. **Gayle Baxley** gave for a fun family reunion held recently and said she would post her video of the Dr. Poo and the Butt Kickers performance on the SITM Facebook page. **Lynn Robbins** TV went out this morning so she’s having to buy a new one which will delete her clothes budget “for the next two years”. **Patti Doty** saw Joan Baez, age 69, who looked great. **Mich Glazier** gave saying she’s going to Graeagle soon for the craft show but will be without air conditioning there.



Our new President Patti Doty



SITM Udate
Editor Sue Camp
suelcamp@hotmail.com
775-853-1135

Reporters:

Faye I. Andersen
Betsy Dart
Marilyn Pearson
Tina Smith

Photographers

Gayle Baxley
Eileen Fuller
Paula Leyba

President Patti Doty
pdoty1943@charter.net



San Francisco Convention



Yes, we had fun!