



# SITM UPDATE

Soroptimist International of Truckee Meadows  
President, Bev Perkins  
[www.sitmnev.org](http://www.sitmnev.org)

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## President's Message: *Imagine!*



President  
Bev Perkins

Wow - what an amazing start to our year! In July, our Air Race Committee gave us an informative and entertaining skit to illustrate proper Air Races etiquette; Public Relations/Website (actually, Faye) brought us an educational speaker with lots of information on blogging, etc. (just don't ask me for details

I'm not there yet); we had our annual Club Orientation & Training Retreat (which we will get a report on at our business meeting); our Arts & Culture Committee entertained us for Artown with a wonderful dance troupe that is just indescribable! This month we've already had our first field trip, courtesy of the Health Committee, which had the added bonus of getting us out of a parking dilemma for Hot August Nights. Imagine how great the rest of the month will be!

I have already called on many of you for help this year, and will undoubtedly continue to do so throughout the year (remember, I threatened to do that last year). Every problem I get is capably handled by one or more of you, and the majority of the members

don't ever realize there was a problem in the first place. I want all of you to know how vital you all are to the running of this club, and how much you are valued by your current President!

Thanks especially to President-Elect Patti Doty for stepping up to the plate and taking all the information on club doings from our busy members so she can report to our region and federation on behalf of the club. Patti is very tolerant of my often inept leadership and graciously handles everything expected of her, and more. You ladies have a wonderful President to look forward to next year - but of course you still have to get through this year with me. No apologies for that, you knew the job was rough when you took it.

Don't miss our great August and September meetings, including something interesting, I'm sure, from Recruitment & Retention August 27th; and, of course, the Air Races September 14-20. Please remember to sign up to work a shift or 7 at our next meeting - I'm sure the Air Race Committee will have a clipboard available for us. Remember, this event funds our club activities for the year, so we need lots of volunteers (which, fortunately for us, can include friends, neighbors, enemies, relatives, and anyone else we can find to work our booth - nobody is turned away).



### Two for the Road

President Elect Patti Doty and SITM member Teresa Mentzer travel to Chicago for SIA Leadership Training in July.

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## SIA Leadership Training in Chicago

by Teresa Mentzer

*(Editors Note: SITM and Sierra Nevada Region members attended Soroptimist International of the Americas two-day Leadership Training in Chicago Illinois in July 2009)*



**Back row: Governor Elect Kay Whitaker, Treasurer Jackie DeMartini, SITM President Elect Patti Doty, “S” Club Coordinator Shirley Boracci, Governor Sue Camp, SI Tahoe Sierra President Pat Papp and SITM member Teresa Mentzer**

**Front row: SI Chico President Gina Grether, SI Chico Member Joan Stoner, District VII Director Joanne Valentine, District VI Director Dina Volenski and SI Tahoe Sierra Member Wendy David. SI Reno Tina Smith was also in attendance but not there for the photo.**

Soroptimist Women’s Leadership Institute opened with SIA President, Alice Wells welcoming all of us and setting the stage for the keynote speaker, Cynthia D’Amour, President of People Power Unlimited and author of “The Lazy Leader’s Recipe for Outrageous Results”. Cynthia spoke that if you want to achieve outrageous results, you need to shift from being a leader who does it all, to the leader who gets it all done. She also says that a Lazy Leader allows others to get involved and not do everything yourself which allows others to put their thumb print in the project. We also learned that saying “no” is a gift of love and can be so much fun! This lesson was called “Sweet, Sour, Sweet”. It allowed the leader asking, not to feel rejected and the member saying

“no” relieved to not have to work on a project that she has no interest in. We have a copy of the book for anyone to borrow.

Following our key note speaker we broke out into “Leading People Breakout Sessions” which included the following:

- 1) Conflict Resolution
- 2) High Level Communication
- 3) Developing others
- 4) Diversity
- 5) Team Building
- 6) Accountability/Integrity

That afternoon we had a Networking Luncheon which was facilitated by Leigh Wintz, Executive Director SIA. Leigh spoke how “Working a Room” can be less painful if you begin using several techniques. She discussed how some people move effortlessly through a crowd shaking hands and making friends while others sit idly and unsure exactly how and when to jump in. We discovered through the networking exercise how much you can learn about one another within a span of a few minutes.

Marian Baker, master certified coach led a panel discussion of past Soroptimist award recipients to explore issues of change, resilience and self-confidence. Panelists included Anne Ream, 2008 Soroptimist Making a Difference of Women Award recipient, and Brittani Nolan, 2008 Midwestern Region Violet Richardson’s Award Recipient.

After enjoying an evening on the Michigan Lake and watching the 4<sup>th</sup> of July Fire Works, Patti and I walked several miles back to our hotel. There is one thing we did a lot of and that is walking and eating. We discovered a wonderful Argentinean Restaurant where we enjoyed one filet mignon between the two of us that was big enough for four people.



**SITM President Elect Patti Doty, keynote speaker Rachel Durchslag, SITM member Teresa Mentzer**

The next morning we began with “Leading Strategically General Session”. The keynote speaker, Rachel Durchslag, Executive Director and Founder of Chicago Alliance against Sexual Exploitation gave a riveting talk how she came to be a responsible leader and how others impacted her lifelong growth as a leader. Rachel spoke how successful leadership is equal parts leading, listening, teaching, and learning. What an extraordinary young woman!

The “Leading Strategically Breakout Sessions included the following:

- 1) External Awareness
- 2) Strategic Thinking/Vision
- 3) Decisiveness
- 4) Customer Service
- 5) Entrepreneurship
- 6) Problem Solving

Using all of the above elements, the Leading Collaboratively Group Exercise was facilitated by Renee Gordon of CEO Chef. This fun, interactive challenge engaged teams to use their team work skills to construct a “Tower” from a bag of marshmallows, spaghetti, tape, ribbon and anything else they could find. Now add to all this, two participants

from Japan who did not speak any English and you get an amazing tower. It was wonderful to work and communicate with only gestures. This is one exercise we hope to share with all of our members if the opportunity arises.



**Patti Doty and Teresa Mentzer with their team for the Collaborative Group Exercise**

That evening was the Leadership Banquet which included the recognition of outgoing and current leadership. Awards were given to many clubs for their participation in the Renaissance campaign and the President’s cup awards. Patti and I discovered how we collectively make such a difference not only in our own community but also all over the world. A special Thanks to SITM for sending Patti and letting me tag along.



## Trip to SART/CARES

by Faye I. Andersen

While Hot August Nights revelers packed the Atlantis Hotel Casino, SITM members took a field trip for the August 6 meeting. Thanks to Niki Ewing and the Health Committee, about 30 members visited the Washoe County Sexual Assault /Child Abuse Response & Evaluation Center, adjacent to Northern Nevada Medical Center in Sparks. Executive Director Chrissy McHardy explained the center and conducted small group tours.

This county facility provides a safe and secure location for examining children and adults who are victims of sexual assault or other types of abuse. Evidence is collected and preserved for future possible court trials or legal actions. The center also provides resource counseling to aid victims who might need shelter, medical care or other services after being victimized.

Patty Downs, HR Director at NNMC and her staff members Lane Bernardi and Leah Webb coordinated the location for lunch, which was catered by Nothing To It!. Thanks also to Randy Reeve who drives the NNMC bus and hauled many members, in a downpour, to the building next door for lunch. The facility needs donations of drinks, snacks and DVD's - please see Niki if you want to make a donation of one or more of these items.

## Editorial

by Patty Downs

Director of Human Resources, NNMC

Jim Pagels was the former CEO of Northern Nevada Medical Center who was killed in a car accident six years ago. When the SART program needed a home (more than 10 years ago), and none of the other hospitals were interested in housing the program, Jim gave them space in our cardiology department. Chrissy is right. Space is hard to come by in a hospital, and he only had two little rooms to let them use. Then with the help of Senator Ensign, Washoe County was able to obtain grant funding to build a building, but they did not have money to buy the land. Jim worked with Universal Health Services, Inc. (UHS) who owns Northern Nevada Medical Center, and UHS made an arrangement to have Washoe County lease the land from UHS for \$1 a year. Jim did not live to see the building. Dick Gammick was so grateful for Jim's commitment and support of the program, they named it the Jim Pagels SART/CARES building.

I really miss Jim. He was one of the good guys with a big heart. I am proud of Jim's legacy by having the building named after him. It is tragic that the need exists, but I am grateful for the space, the staff and the ability to serve women and children who are in need in our community.

### SITM Meeting is all Smiles

The fun never stops at Soroptimist International of Truckee Meadows meetings. Faye I. Andersen receives a thank you gift from out-going President Marilyn Pearson in June. Faye calls the jewelry made from office supplies her "immunity necklace" and predicts it will come in handy at work.

Niki Ewing, Candy McAuliffe, Linda Lamke, Enid Oliver, and Jean Neddenriep share the smiles.





## IGU Garage Sale Planned for October 10th

by Faye I. Andersen

With this hot summer weather it's hard to believe that fall will soon be upon us. And with fall comes garage sales! Don't forget to start collecting treasures for the upcoming SITM Garage Sale, Saturday October 10<sup>th</sup>. The location is the same – the end of the cul de sac on Alpine Circle, but since Connie Steinheimer's house is in the midst of some renovations, Teresa Mentzer has graciously offered up her house.



The club holds garage sales twice each year to benefit our project, "Removing Barriers to Education for Girls in Thulipokhari, Nepal." Since 2000, SITM members have been donating their unwanted stuff to the garage sales, raising thousands of dollars for the Nepal Project. On average, each garage sale nets about \$2,000.

So far, the Nepal Project has enabled more than 400 girls to attend school and paid for scholarships, books, and supplies, in addition to underwriting the ongoing operation and upkeep of the dormitory the club constructed for female students. In recent years, SITM has expanded its support of the village to include the Animal Assistance Program, which

provides low-income loans to villagers to purchase livestock such as chickens, bees, goats, and water buffalo. The generosity and hard work of our club members truly pushes the economic engine of this small Nepalese village.

The garage sales would not be a success without all of the generous donations of SITM members, their family, friends, and neighbors. So start gathering the garage sale goodies! Donations can be dropped off at the Ethan Allen warehouse between 10 a.m. and 4 p.m. most weekdays; though it's always a good idea to call in advance at 322-2200 to make sure your delivery won't clash with a furniture delivery. Ethan Allen is located at 9065 South Virginia Street.

Be on the lookout for clipboard signups for Friday night setup and Saturday shifts. For more information about the garage sale, don't hesitate to contact a member of the IGU Committee!

And thanks again to all the club members for their support of this fantastic project. It is amazing to think of how selling our stuff is changing the lives of girls in Nepal





## Club Orientation and Training Retreat (COTR) 2009

**President Elect Patti Doty and  
Treasurer Norma Rash**



**Tracy Turner as Violet Richardson**



**Governor Sue Camp**



**Faye I Andersen**

**Recording Secretary Dorothy Nash  
Holmes and President Bev Perkins**





## What you Missed

by Bev Perkins

**7-16-09** This week's meeting: We were treated to a cute and informative skit by the Air Race Committee, "A Day at the Races," showing us what to do and what not to do (including what not to do when approached by a famous pilot). Be sure to see Diana if you need a red Soroptimist polo to wear under your green apron (the green apron is required attire).



**Becky Moody demonstrates appropriate Air Race attire as Kay Dunham and Deborah Albrecht look on.**

### 7-23-09

Yesterday we were treated to a very informative presentation put on by Mike McDowell, Director of New Media for KPS/3 (a marketing, communicating, and thinking company). I learned: a "blog" is sort of like a website where you can enter things like you would in a daily journal (and can get feedback, unlike a journal); "social networks" (such as Myspace, Facebook and LinkedIn) can be joined, and everyone in the network can see your presence and "talk" to you - similar to a cocktail party atmosphere.

**7-30-09** This week's meeting: Yesterday we were treated to an exciting performance for Artown put on by the International Folkloric Ballet Company. Performers ranged in age from 3-ish (I don't know how old she was, but she was sure tiny!) to about 21, several of them very small. They did several dances for us, changing costume for each dance. The costumes were colorful, the kids were incredibly cute, the music was catchy (we clapped along with several of the numbers), and the energy was electric!



**Young dancers from the International Folkloric Ballet Company.**

### 8-6-09

This week's meeting: We had our first field trip in years this week - to the CARES/SART facility next to Northern Nevada Medical Center, where we toured the beautiful facility for victims of sexual abuse and sexual assault. The facility needs donations of drinks, snacks and DVD's - please see Niki if you want to make a donation of one or more of these items.

### 8-13-09

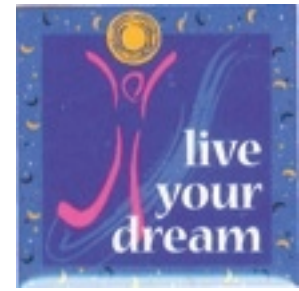
This week's meeting: This week we celebrated birthdays of Becky Moody, Betsy Dart, & Sue Smith. We also inducted Millie Mitchell, who very kindly allowed us to present her with her very own set of Mickey ears, and has already dived into committee work like a true Soroptimist - what a good find by Vicki Schultz! Lots of R.O.S.E.s were given, which always makes me feel good. We voted to continue our CD at Mutual of Omaha Bank; hold a garage sale in October; and give a new club (SI Rancho Cordova) a \$100 charter gift. Sadly, we accepted Kelley Kordonow's resignation. Finally, Delegate Paula Leyba gave us a very good report from last month's COTR.



## Notes from Nisha

*(Nisha Ghosh was our Grant of Friendship visitor from Pune, Indian in April 2009)*

Dear all,  
Pune is in the grip of the dreadful swine flu and life has come to an almost stand still. As i have returned from a wonderful extended holiday to USA and Europe, it was time for me reconnect with all the wonderful people i met en-route and with all my friends i missed during the time. but i return to a total frightening situation and ask you to bear with me before i connect with you all. Meanwhile we are also trying to keep the new soroptimist club going and move to the next stage. please keep us in your prayers



in friendship  
nisha ghosh

Speaking of calendars . . . Remember to sell all your Air Race calendars and return any extras to Jo Ann Roberts the week before Air Races



Calendar Queen Jo Ann Roberts

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Truckee Meadows  
Officers and Board of Directors  
2009-2010

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President-Elect. . . . .	Patti Doty
Vice President Service . . . . .	Deborah Albrecht
Vice President Technical . . . . .	Becky Moody
Recording Secretary. . . . .	Dorothy Nash Holmes
Corresponding Secretary . . . . .	Ann Steckline
General Fund Treasurer. . . . .	Norma Rash
Service Fund Treasurer. . . . .	Paula Ringkob
Delegate 1 Year. . . . .	Peggy Smith
Alternate Delegate 1 Year. . . . .	Carol Dinneen
Delegate 2 Year . . . . .	Paula Leyba
Alternate Delegate 2 Year. . . . .	Cheryl Powell
Director. . . . .	Gayle Baxley
Director. . . . .	Marilyn Pearson
Parliamentarian . . . . .	Jo Ann Roberts



## September Birthdays

Eileen Fuller 9/18  
Bev Perkins 9/18  
Dawn Pontrelli 9/28  
Ann Steckline 9/25  
Wendi Dennis 9/30



## Board/Business Update

by Faye I. Andersen

### Welcome New Member

SITM welcomed new member **Millie Mitchell** with an **Induction Ceremony** at the **July Business Meeting**. Millie was sponsored by **Vicki Schultz**. She is employed at the Knowledge Center at UNR. Congratulations and welcome to Millie.

### Workshop Seeking a New Name

SITM's "Skills Training Workshop" is looking for a new name. Previously known as **Women Moving Forward**, the club has been notified that is a copyrighted name and we must cease using it. Therefore, if you have any suggestions for a name, please contact **Coordinator Dorothy Nash-Holmes**.

### New Club Chartering August 22

The Board recommended and the members approved a donation of \$100 to be made to the newest Soroptimist Club to be chartered in the **Sierra Nevada Region, SI/Rancho Cordova**. A chartering party is scheduled for Saturday, August 22. A contingent of members will be traveling to the celebration. If you're interested in attending, see **President Bev**.

### Garage Sale Set for October 10

The **IGU Committee** has selected the date for the next garage sale. Plan for set-up Friday, October 9 and come and sell on Saturday, October 10. The sale will either be at **Judge Connie Steinheimer's** home, or **Teresa Mentzer's** home next door.

### R&R Recruits Volunteers

**Recruitment & Retention Coordinator Teresa Mentzer** and representatives from SITM's major fundraising and volunteer projects will be attending a volunteer fair at Intuit on August 20, seeking volunteers for SITM's activities. Intuit encourages its employees to volunteer in the community and holds an annual fair to familiarize employees with volunteer opportunities.

## Nominations Open for Fund Development Council

Soroptimist International of the Americas is soliciting nominations to serve a three-year term on the **SIA Fund Development Council**. Nominees must be active members and have a willingness to raise funds from clubs and outside the organization to support Soroptimist programs and projects. See **President Bev** if you'd like to make a nomination or nominate yourself.

### Membership Update

The Board granted leaves of absence for the following members: **Karen Keister** through September due to school scheduling; **Liz Lukasavich**, through September for family medical reasons; **Jean Neddenriep** through November for work reasons; **Michelle Jones**, through December for work reasons. Continuing on leave are: **Kris Olsen** through September for family medical reasons; **Barbara Daily** through December for personal reasons; **Cheryl Powell** indefinitely for medical reasons.

The Board accepted, with regret, the resignation of **Kelley Kordonoway** for work and family reasons.

### Calendar - What's coming up . . .

August 20 - ByLaws Committee, club status report

August 27 - Recruitment & Retention Committee, Wondrous Women of Science

Sept 3 - Education Youth Committee

Sept 8 - Board Meeting

Sept 10 - Business Meeting

Sept 14-20 - Air Races, Stead Airport



## SITM Board Recipe of the Month

### Oatmeal Toffee Cookies



- 1 cup butter or margarine, softened
- 2 eggs
- 1 3/4 cups packed light brown sugar (original calls for 2 cups)
- 2 teaspoons vanilla
- 1 3/4 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1/2 teaspoon salt
- 3 cups quick-cooking oats
- 1 cup coconut (optional but very good in the cookie)

1. Heat oven to 375. Lightly grease cookie sheet
2. Beat butter, eggs, brown sugar, and vanilla in large bowl until well blended. Add flour, baking soda, cinnamon, and salt; beat until blended. Stir in oats, toffee bits, and coconut with spoon.
3. Drop dough by rounded teaspoons about 2 inches apart onto prepared sheet. Bake 8 to 10 minutes or until edges are lightly browned. Cool 1 minute, remove to wire rack.

Makes about 4 dozen

*This cookie recipe was a hit at the June 2009 SITM Board meeting. It's right off the Hershey's Heath Bits 'O Brickle Toffee Bits package with a slight adjustment for sugar.*

*Enjoy,  
Marilyn Pearson*





# Community Corner

## Girl Scouts of the Sierra Nevada COOL WHITES FOR A HOT NIGHT

It's the mid-week break you deserve!

Please Join the Girl Scouts of the Sierra Nevada for a refreshing Mid-Summer evening featuring Delicious White Wines, Yummy Appetizers, Scrumptious Desserts and FUN!

Tuesday, August 25, 2009, 6:00 - 8:00 pm

L'uva Bella Wine Gallery The Summit Sierra Shopping Center 13925 South Virginia Street  
Reno, Nevada 89511 (775) 851-1110

\$25 per person includes a wonderful white wine tasting, delectable finger foods, scrumptious desserts and, of course, lots of fun! Tickets will be \$35 at the door, so make your reservation today!

Please bring a friend and lend your support to local Girl Scout programs that help girls become tomorrow's leaders.

Please call Pam Czyz at the Girl Scouts 775.322.0642, ext. 270

Girl Scouts of the Sierra Nevada, 605 Washington Street, Reno, NV 89503

Must be 21 years or older to participate.

**Celebrate!**

YOU ARE CORDIALLY INVITED  
To the  
Introduction, Induction and Installation  
Of the newest club in the region  
**SOROPTIMIST INTERNATIONAL of  
RANCHO CORDOVA**

Saturday, August 22  
11:30 - 2:30 p.m.  
11828 Chrysanthy Blvd.  
Rancho Cordova, CA 95742  
Luncheon will be served  
\$15 per person

Come join us to celebrate the new kids on the block!!!

R.S.V.P. to Lane Parks  
(916) 863-2500 or drgsj@pacbell.net




## Charter Party

We are pleased to invite you to the Charter Party for the newest club in the region, **Soroptimist International of Rancho Cordova**, hosted by their sponsoring club, Soroptimist International of Citrus Heights. Please RSVP to Lane Parks at [drgsj@pacbell.net](mailto:drgsj@pacbell.net) or 916-863-2500. You can mail your check to Lane at: 5349 San Juan Ave, Fair Oaks, CA 95628. They will also take money at the door, but please RSVP by Aug. 17, so that they can make sure every one has food and place to sit!!



## Remembering Cheryl . . .



SITM member **Cheryl Powell** passed away August 13, 2009 due to complications arising from radiation treatments years ago. Cheryl was a wonderful Soroptimist and we will miss her dearly.

## Happy Dollar Notes

by Marilyn Pearson and Betsy Dart

**7-16-09** The Air Race Committee conducted today's meeting. Happy Dollars this month go to the Girl Scouts.

**President Bev Perkins** had Happy Dollars for Gayle Baxley, an "excellent traveling companion" during their recent IRS seminar in Las Vegas and for SI Washoe County's 4<sup>th</sup> birthday party she attended with President-Elect Patti Doty. **Kay Dunham** had Happy Dollars for the Air Race skit saying it was fun to put together. **Patti Doty** and **Niki Ewing** had dollars for the skit and commented that Becky Moody was the brain behind the skit. **Eileen Fuller** had Happy Dollars for Karen Keister, a new member on leave until September. Karen was one of our first Women Moving Forward scholarship recipients and is finishing up her degree soon. **Sande Reimers-McLaughlin** had dollars for the Girl Scouts since she used to be one! Sue Smith had Happy Dollars for hosting her grandchildren at her home and for a 20-mile bike ride with her daughter. **Margie Hermanson** had Happy Dollars for what's left of her mind. She thought she had perfect attendance and didn't, had guests come early and stay late, and had to deal with her grandson's strep throat. **Pam Robinson** gave Happy Dollars for her two grandchildren arriving soon, saying she wasn't sure how to entertain them. **Michelle Jones** had Happy Dollars for being at the meeting, for being a Girl Scout, and for her 8-month-old son, Braden, who started to crawl recently. **Paula**

**Leyba** had dollars for the program and thought the actors deserved Oscars. She reported 40% of the people in her hometown were sick after her recent visit.

**Monica House** had Happy Dollars for her 101-year-old grandmother who walks and eats an orange every day.

**Linda Lamke** had Happy Dollars for the Girl Scouts even though she wasn't one in New York. She went camping at Trinity Lake recently and was "creeped out" by the lack of housekeeping in their cabin. She was very happy to return home. **Carrie Porter** gave Happy Dollars for the Girl Scouts. **Enid Oliver** gave dollars for her two new family members, two large dogs who walk so slow they're wearing her out! **Jo Ann Roberts** gave Happy Dollars for being an adult Girl Scout and a life member. Her grandson Travis was at today's

meeting had 3 kittens looking for a home. **Paula Ringkob** gave dollars for Girl Scouts and gave Pam Robinson several ideas for entertaining grandkids in Reno. **Gayle Baxley** gave Happy Dollars because she was a Girl Scout and for a recent family reunion. She commented that she and President Bev never got lost during their recent trip to Las Vegas "but sometimes took a long time getting there." Gayle will also be a great grandmother soon. **Marilyn Pearson** gave dollars for being a Girl Scout and a troop leader and for her recent trip to Tennessee to meet her daughter's finance's family. **Dorothy Nash Holmes** gave dollars for being a Girl Scout and for the Sponge Bob Square Pants birthday party she gave recently for her 7 year-old grandson. It was so cute, she took 133 photos!

**7-23-09** Today's meeting, from the Public Relations & Website committee, was entitled "What's New in Media" and featured speaker Mike McDowell Director of New Media for KPS/3, a marketing, communicating, and thinking company, who updated us on Facebook and other social networking on the internet.

**Faye I. Andersen** had Happy Dollars to thank Mike for his presentation. **Jennifer Crowe-Clark** gave dollars for the program and said she will give her mom a Facebook lesson soon. **Pam Sutton** gave dollars her sister, a guest at today's meeting, vowing she will get a Facebook invite soon. **Dorothy Nash Holmes** had Happy Dollars for her guests today and reported they may consider joining our club. She also advised members not to use hand sanitizer that's been sitting in a



hot car. It can get very hot! **Kay Dunham** gave dollars for the program but lamented she couldn't use Facebook much due to securities regulations. Her page only has photos of herself and her dogs. **Georgia Baker** gave dollars for Girl Scout Troop 33 in Seattle and reported she and John met after 37 years due to an internet social network. **Eileen Fuller** gave Happy Dollars to report on various Art Town activities she's involved in this month. **Billie Mendiola** gave dollars for the program and reported her niece helped her closed her Facebook account. She likes email better! Billie's mother's knee replacement is going well and Billie will be moving her into Classic Residency in the coming weeks. **Niki Ewing** gave dollars for the program and likes Facebook for family connections and to share photos of her twin boys. **Paula Ringkob** had dollars for Girl Scout Troop 79 in Illinois. She thanked her husband for coming today and reminded members to wear sunscreen. Paula caught a pre-cancerous spot. **Mich Glazier** had Happy Dollars for the program and reported her TV and car both stopped working after her recent retirement. **Norma Rash** gave dollars because she survived camping with her boys although she was a mosquito magnet. She's got 71 "friends" on her Facebook page and says it out of control. **Marna Griffin** gave dollars for Girl Scouts reporting that the GS Board has three male members now. They're doing a "Guys for Girl Scouts" fundraising BBQ. Marna's "escrow from hell" finally closed after 5 months. **Monica House** gave dollars for the program and for her guest who is considering joining SITM. **Jo Ann Roberts** gave Happy Dollars for Girl Scouts and for her guest, her daughter De Ann. **Peggy Smith** gave dollars for the Girl Scouts even though she was a Campfire Girl. She's giving cell phone lessons to her mom. **Gayle Baxley** gave dollars for the program and for the 5 new appointments for tax services she got at a recent social networking event. **Vivian Ruiz** gave dollars for the program and reports she uses Twitter and LinkedIn as networking tools. Vivian has missed some meetings; she very busy after securing "6 figure" funding for her organization. Her son just turned and celebrated with a trip to the ER with a 104 temp.

**7-30-9** Today's meeting was hosted by our Arts & Culture committee and featured the International Folkloric Ballet Company, most of whom were young children, doing dances from various areas in Mexico. Due to scheduling issues, some Happy Dollars were given before the program.

**Georgia Baker** gave Happy Dollars for her new "ultimate hybrid" which gets 33MPG. **Kay Dunham** gave dollars for her granddaughter Supria's new yellow Camero with a stick shift. She had to pick it up in Montana and drive it back to Reno. **Candy McAuliffe** gave dollars for the program and for her daughter who was a guest today. **Carol Dinneen** gave dollars her son-in-law who just found a job after being laid off two days before his wedding. **Teresa Mentzer** gave dollars for the program and reported she used to these dances taught to her by her grandmother. She reported **Cheryl Powell** is got out of bed and walked recently and would love more cards and letters. Cheryl is in St Mary's Rehab, room 584. **Ann Steckline** gave Happy Dollars for the program and for her kayaking trip on Lake Tahoe. **Sonya Giroux (formerly Hem)** gave dollars after being gone for 6 weeks. She had a "glorious" honeymoon. Unfortunately, her father passed away shortly after the wedding. **Pam Robinson** gave dollars for the program and reported her grandchildren tired her out on their recent visit. She thanked SITM members for all their suggestion for entertainment and said they did them all. **Pam Sutton** gave dollars for the great program and wished we could have more like it. **Eileen Fuller** gave dollars for Girl Scouts and for the great performance today. She will be glad when Art Town is over since it's been so busy. She's also happy that **Siobhan Carlon** will be a New Skin executive. **Paula Ringkob** gave Happy Dollars to thank the Arts & Culture committee for the program today. Paula will be gone for three weeks on a trip to Northern Europe. **Faye I. Andersen** gave dollars for the program and mentioned that SI helped build water wells in one of the areas represented in dance today. **Jo Ann Roberts** gave dollars for her twin grandchildren, Daniel and Madison, who were her guests today. **Judie Henderson** (a former SITM member) gave dollars for her daughter Molly's dance performance in the program today. Judie is doing well in school, misses SITM, and hopes to be back as a member in 2 ½ years. **Rosalie Henry** gave dollars for the program and thanked **President Bev Perkins** for her help in arranging the program. Rosalie has wonderful memories of her trip to Mexico.

**8/6/09** August Happy Dollar donations go to the Launching Pad. Today's meeting was off-site due to Hot August Nights. Members met at Washoe County Sexual Assault /Child Abuse Response & Evaluation Center, adjacent to Northern Nevada Medical Center in Sparks.



**Patty Downs** gave Happy Dollars for her three guests and for Northern Nevada Medical Center founder Jim Pagels. **Michelle Jones** gave dollars for the field trip today and for her son, Braden who is crawling at 8 months and has a tooth. "How time flies!" **Billie Mendiola** gave dollars for the field trip and reported that her mother was moved into Classic Residence last week and even joined a Bingo group. Billie is feeling good that her mom is safe and secure there. **Vicki Shultz** gave Happy Dollars to say that she's been traveling a lot to the east coast where it rained during much of her time. She's been buying merchandise for the Gestures store. Her granddaughter is also crawling. **Doreen Rogers** gave dollars for the program today, thanking **Niki Ewing** for arranging the field trip. Doreen is happy to have her father-in-law moved in 4 doors down from her home in NW Reno. **Marna Griffin** gave Happy Dollars for the program and for a fun family reunion in Oregon last week. **Kay Dunham** gave dollars for the field trip and program today. She reported her granddaughter was recently in a friend's wedding. **Georgia Baker** gave dollars for the program and for her second son's wedding shower at a wine shop in Carson City recently. She described the shower cake, which resembled a wedding dress, and the smaller cakes representing the bridesmaids' dresses. **Margie Hermanson** gave dollars for the "sobering" field trip today. She's been gone for two week due to a family get-together in Tahoe and a fun girl getaway in Napa. Margie asks for a Happy Dollar notes correction: her daughter is 37 not 47! (Apologies, Margie!) **Teresa Mentzer** gave Happy Dollars for the program and for her brother's recent wedding in Branson that was "lots of fun". **Diana Dillon** gave dollars and thanked members for buying the extra sack lunches from today's field trip. She and **Patty Tucek** went to a concert in Tahoe recently where Diana injured her knee . . . just a bruise. **Niki Ewing** gave dollars to thank **Kay Dunham** for the field trip idea and urged members to talk more openly about abuse due to a good friend who was abused. **Gayle Baxley** gave dollars for the program today. **Pam Robinson** gave Happy Dollars for the program today and reminded members that her new email address is [perobinson@metlife.com](mailto:perobinson@metlife.com). She been converting files at work being "very techie" . . .with her daughter's help. **Cindy Burk** gave dollars for the program and was impressed with the children's room at

the facility today. Cindy has been absent from meetings for several weeks due to business and her mom. She was in Dallas for her niece's wedding recently and got to visit the Kennedy museum. **Marilyn Pearson** gave dollars for the program today and announced that her son Nate's photo will be on a new IGT slot machine game called "Cougar-licious". Get 5 Nates in a row and you win big! **Mich Glazier** gave Happy Dollars because today's meeting was in Sparks and because she thinks NNMC is the best hospital in the area. **Faye I. Andersen** gave dollars to thank **Niki Ewing** and **Patty Downs** for arranging the program today and for providing a van and bus driver to take members from the treatment center to the luncheon area in the rain. Both **Lynn Robins** and **Jo Ann Roberts** gave dollars for the program today and commend NNMC's emergency room service. **Rosalie Henry** gave dollars for the program and announced she has started taking courses in a 5-year homeopathy program that includes alternatives to pharmaceuticals. **Patti Downs** gave dollars for the program today and reported UNR sends their rape victims to the program here. She's looking forward to a trip to Santa Fe next week for opera and jewelry shopping.

**8/13/09** Today's meeting was our August Business meeting.

**Bev Perkins:** For her husband Chuck returning from 4 months at sea, for her first board meeting and the help from Practically Perfect Pam Robinson, and for Presides meteor shower which she enjoyed last night. She is also thinking of Cheryl Powell. **Jo Ann Roberts** for our new member, Millie Mitchell, and for Barbara Vukanovich who recently lost a grandson suddenly and unexpectedly. **Dorothy Nash Holmes** for this month's Happy Dollar recipient, the Launching Pad. It is one of our referral sources for our program formerly known as WMF. She is also pleased that her son is doing well in chef school in Sacramento and her mother is rallying as evidenced by her asking for barbecued baked beans at every meal. **Paula Leyba** for the birthday ladies and our new member, and because her 5 days of photographing Hot August Nights for the Atlantis is finished. Next week she will go to Ely and offered to place bets at the Ely horse races. **Ann Steckline** for Millie, August birthdays and for Cheryl Powell.



**Norma Rash** to welcome Millie; she will love the group because it is more like a team and less like a dysfunctional family. She is back from a wild but stressful trip to Roswell where she and her sister settled a family estate without coming to blows! Reno looked very good when she returned because NM was very hot and muggy. She also ran into Doreen Roger's sister at her garage sale who was sweet enough to bring her Mexican pastries.

**Georgia Baker** for her guest Jayne who she had a great time partying with in Hawaii. She had a good time at Shakespeare with her husband John and learning to row a pontoon boat in the Sparks Marina.

**Sue Smith** is happy for her 44<sup>th</sup> wedding anniversary.

**Marna Griffin** for the Girl Scout fund raiser at the wine shop at the Summit on the 25<sup>th</sup>.

**Vicki Schultz** for her friend Millie, our new member. She also shared a story of two sisters who came up with a creative solution to one pair of diamond earrings they inherited from their mother—each sister wears the earrings for a year and then exchanges them on their mother's birthday each year.

**Rosalie Henry** for surviving a week of taking care of new pups for a week by herself which meant sleeping with them in the living room all week. She recognized Cindy Burk for helping out at the Attendance table so she could sit at a lunch table this week.

**Lynn Robbins** because Hot August Nights is over which means no more revving engines at 4 am.

**Kay Dunham** because Millie has already signed up to help at the Air Races. Kay suggested to Rosalie that she get a dog door, a great invention!

**Martha Nims** and **Linda Allen** from SI Reno for their club's fund raiser, Cowboy Poetry and because it's fun attending a different club meeting. We do things very differently than their club.

**Pam Robinson** for the scholarship winners who have been sending her transcripts and 5 of whom have signed up to help at the air races. She is also becoming quite a techie with her expertise at Lotus Notes and her red and black blackberries that will allow her to go on vacation without a laptop.

**Margie Hermanson** for her upcoming trip to Newport Oregon with her daughter and grandchildren. She corrected a typo listed her daughter's age as 47 instead of 37. She likes the idea that came from the COTR conference for a SUDS (Soroptimist Understanding through Drinking and Socializing) event for our club. She recently attended a citizenship ceremony and was very moved at the

effort people make to become citizens of the US. It reminded her how fortunate we are to live here.

**Patty Tucek** for her son Andrew's job assignment news that will keep him in the local area for at least a year. He is expecting twin girls in November.

**Teresa Mentzer** for the Rookie Luncheon in July and the upcoming one in October.

**Vivian Ruiz** for the conference she recently attended with interns from her office. She only lost 1. Next week she is taking a group of disabled adults to 6 Flags.

**Carol Dinneen** for Cheryl Powell and her upcoming 2-3 week trip to Alaska. She will be fishing and meeting her brother's family and driving an RV home.

**Sue Camp** remembers celebrating her 40<sup>th</sup> birthday with Margie—she "feels her pain" of getting older. She thinks Jayne should consider going to Elko because it is going to be a great party on the bus trip there and back. She had a great weekend with Wilton at Bailey Creek but is looking for a cure for ginger fingers after fixing a favorite dish for the trip.

**Doreen Rogers** will be with her husband and friends at Great Basin National Park next week. They plan to climb Mount Wheeler which she has done before but not for a long time.

**Betsy Dart** for her daughter's new job in Vegas but she will miss her. She recommends the Taste of Incline event at the end of the month.

**Joan Hughes** for a family reunion which brought 15 people in her condo—3 children, their spouses and 7 grandchildren. Her 7 year old's favorite part of school is recess.