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SITM Update

Soroptimist International of Truckee Meadows

President Patti Doty

www.sitmno.org

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President's Message

Autumn has snuck up on us again. A few leaves on the grass, cool and windy afternoons and the feeling of fall is upon us. For me, fall is a time of beginnings and endings-summer vacations end and school begins, hot weather ends and cool nights announce the coming winter-and there is excitement in both. As seasons change, our clothes change and we can consider the possibility of changing our world, one vote, one dollar, one woman or girl at a time.

Air Races brings dollars to our coffers and camaraderie, the joy of working together for a common cause. The IGU garage sale brings margaritas and treasures and more joy in sharing a goal that is both local and world-wide. We spend a

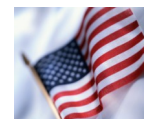
little time and our feet get a little tired and we change lives-how much better can it get!



Soon it will be election time. President-Elect Norma is organizing a candidates' forum which will bring us face to face with individuals from our own community who want to represent us in our constitutional process. When we get discouraged, and I'm sure we all do at times, at the state of our economy

and our government and our world, we need but remember that each vote counts. In our country, that is still true. Let's cast them as thoughtfully as we spend our dollars, making sure each vote makes a difference for women and girls.

So I look out my window at leaves that have not yet changed and I am excited for the possibilities we have-the possibility to vote well, to change our world in tiny bits and pieces, to participate in something larger than ourselves and leave the world a little better for our being here. I am glad to be alive. I am proud to be a Soroptimist.



Answers to SOLT Quiz (from last issue)

1. Sierra Nevada Region
2. Lori Blair
3. SI Europe, SI Great Britain & Ireland, SI Americas & SI Southwest Pacific
4. Over your heart
5. On your right side
6. Club Orientation & Training Retreat
7. Eleven
8. Soroptimists for Education & Leadership
9. YES!!!
10. Governor Kay Whitaker

Board Meeting by Past Governor Faye I. Andersen



**Board Meeting held
September 7, 2010**

*Everyone is invited
to attend board
meetings and food
is served. You also
get credit for
attendance. They
are always held
the Tuesday before
the second
Thursday of the
month.*

**SIA Presi-
dent Sharon
Fisher**



The District III Fall Meeting is set for Saturday, October 8 in Susanville, California. All members are welcome. The club pays the cost for our President and two delegates and any member who is attending a district meeting for the first time. Early registration meal cost is \$18 per person. A pre-meeting Friday night reception is also planned. See President-Elect Norma Rash for sign-ups and an agenda of the day's events.

Save February 26 for MAD Seminar

The date for this year's Making a Difference for Women Skills Training Seminar has been announced. It will be February 26, 2010 at the Atlantis. Plan to join in and help women gain new or hone existing employment skills.

Next Garage Sale Set for October 2

The IGU Committee has set October 2 as the date for the next garage sale. Set-up will be Friday night, October 1. The committee is looking for your clean saleable donations

of clothing, furniture and household items. Watch for sign-ups to work Friday night set-up and/or Saturday sale and clean-up.

Proceeds benefit the club's project to provide tuition and dormitory scholarships for girls in Thulipokhari, Nepal.

Invite a Prospective Member for a Free Lunch

The Recruitment & Retention Committee is launching a program to invite business women who could be prospective members for a free lunch to learn about Soroptimist. If you know a prospective member you would like to invite to lunch, contact R & R Coordinator Teresa Mentzer. They will make contact and issue a special Soroptimist informational postcard good for a free lunch.

Shower for Teresa

Teresa, our regular server at lunch on Thursdays has been missing for a couple of months now. She's pregnant with her fourth child. The board recommended and the membership approved assembling a gift

basket for her. If you would like to donate baby items, or money that can be used to purchase gift cards, please contact Scarlet Ewy. Teresa is due in November.

August Happy Dollars

Happy Dollars collected from members for the month of August totaled \$322 were doubled through the club budget for a total of \$644. The August Happy Dollars were split between the Habitat for Humanity and the Sierra Stitches. September Happy Dollars are designated for the Bristlecone Family Resources and Susan G. Komen Race for the cure.

Membership Changes

Remaining on leave of absence are Paula Leyba through September for work reasons. On leave through December are Marna Griffin for family travel and Sonya Hem Giroux following the birth of son Jack.



Meet the new SIA President

By Past Governor Faye I. Andersen

Sharon Fisher of Western Canada began her one-year term as president on September 1, 2010. As president she oversees the 1,400 clubs in 19 countries which make up our federation, Soroptimist International of the Americas.

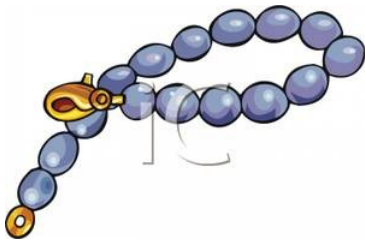
Fisher has been a member of

Soroptimist International of The Langleys, British Columbia, Canada, since 1986. She has held several leadership positions including club president and region treasurer. President Sharon currently serves as the director and chief financial officer of a crime-analysis software company.

Check out her periodic blog at <http://president.soroptimist.org/>

**Welcome
Sharon!**

A Gift For Stength by Past Governor Faye I. Andersen



Ten SITM members gathered in August at the home of Tina Smith for camaraderie, friendship and the important task of assembling bead bracelets for women patients to celebrate the completion of their chemotherapy treatments.

Sixty-plus bracelets were made, bagged and tagged for delivery to Renown Outpatient Infusion center, a part of Renown’s Institute for Cancer. Terra Tipton, the clinical nursing supervisor for the outpatient infusion center presents the bracelets to women upon completion of their therapy as a gift for strength.

Thanks to Tina for shopping to fill in the club’s supply of beads and hosting the beading party. In addition to Tina, our talented beaders were: Kay Dunham, Peggy Smith,

Carold Dineen, Kris Olsen, Patty Tucek, Marilyn Pearson, Sue Smith, Margie Hermanson and Vivian Ruiz. Bev Perkins added to the tally with bracelets constructed from beads she made herself.



Sometimes a simple task can mean everything to someone else.

What You Missed

August 26-Recruitment & Retention Committee Angie Fairbanks, coach and “influential woman” gave us her life story filled with inspiration and motivation to appreciate our lives and ourselves.

September 2-Education/Youth Committee We were introduced to three super enthusiastic women

from the Washoe County School District, Joan Taylor, Irene Payne and Jane Woodburn, who brought us up to date on the district’s strategic plan, Envision WCSD 2015: Investing in Our Future.

September 9-Business Meeting Went swiftly and took less than an hour to conclude.

September 16-Health Committee

Sherrri Rice, a former member and long time Reno organizer-a woman who make things happen, gave us the history and particulars of Access to Healthcare Network, a fabulous program to aid the uninsured and underinsured in Nevada.

A Little Bit of SOLT

So how did you do on last month’s SOLT quiz? The answers are on the front of this newsletter. So here are your next batch of questions:

1. Adelaide Goddard ran what kind of business?
2. Where is the SIA Headquarters?
3. Who is the Immediate Past President of SIA?
4. Name the President Elect of Soroptimist International.
5. What does WOA stand for?
6. Who went hiking with her sons in Nepal which eventually led to our Nepal project?
7. How many clubs are in our district?
8. How many levels are there of Laurel Society membership?
9. What is the cost to join the Laurel Society at the lowest level?
10. Name the Past Governors who are current members of our club.



Meet Our Members *by Tina Smith*



**Siobhan Cremin
(Carlton)**

She does play golf but only if there is a good drink cart available.

Don't miss the District III Fall Meeting in Susanville

Born in 1962 in Lakeview, Oregon, population 2300, Siobhan loved the simple life of the small community she grew up in. After graduating from high school, she moved to Ashland, Oregon where she attended college at Southern Oregon State College. She graduated with a BS in Marketing and Management and a minor in political science.

After graduation, Siobhan moved to Seattle, Washington to work for the Seattle Trade Center in Wholesale apparel for five years. She then relocated to Portland, Oregon to continue her work in wholesale apparel. She worked with buyers from The Bon, Nordstroms, Meyer & Frank and some small mom and pop stores. In 1994 she moved to Burns, Oregon where she worked as an Escrow Officer for five years. While in the title company, Siobhan met the owner of Flagstar Bank FSB. He offered her a job as a wholesale lending representative for the state

of Idaho and Eastern Washington. She worked for the bank for approximately 9 years, two of which were here in Reno. She then decided to move to

told me she has always wanted a butler and now she has one! Butler is 11 years old and a wonderful addition to her home.



When she is not walking, hiking or swimming with her "kids" as she refers to them, she loves riding her road bicycle 100 miles or more! She does organized century rides and on her 48th birthday on October 2nd, she will be riding in the LiveStrong ride in Las Vegas to raise awareness for cancer.

Siobhan also enjoys Hot Yoga, Golf with a good drink cart, water skiing and taking a boat out on Lake Tahoe with family and friends.

Reno in 2004 to be closer to family. In 2006, Siobhan returned to Lakeview, Oregon to help re-open a ladies boutique which her mother had owned for over 35 years and to join the retail side of lending. She sold the boutique after 2 years and decided retail lending was where she wanted to put her time and energy. She is currently employed at MCS Mortgage Company here in Reno.

Siobhan has a great love for animals. She has three golden retrievers. Hunter and Hailey are 8 years old and her rescue she named Golden Butler. She

Siobhan spent time with her 15 year old nephew camping and jet skiing this summer and now has to come up with a Fall vacation for her and her 17 year old niece. She loves spending time with her family camping and being in the outdoors. She is currently busy planning for a 50th wedding anniversary party for her parents.

Siobhan you rock! I loved getting to know you better!

District III Fall Meeting Sierra Nevada Region



Saturday, October 9, 2010
Diamond Mountain Casino & Hotel
Susanville, California

Early bird registration is \$18 prior to October 1
Registration after October 1* is \$28

- Region and Federation Updates
 - Region Committee Reports
 - Special presentation on SI/Susanville's Teen Esteem program

Sign-up for an after meeting horse-drawn carriage ride for \$15
Enjoy a tour of historic uptown Susanville

Friday night social
October 8, 6 - 9 p.m., \$10 per person
A Bunco tournament with appetizers and no-host bar

See General Fund Treasurer
Pam Robinson to reserve your spot at the District III Fall Meeting.

Happy Dollars by Marilyn Pearson

Eileen Fuller has artwork at the new location of the Women’s and Children’s Center of the Sierras and is crewing for the Liberty Rising Balloon at the Balloon Races.

Patty Downs reports 5 carloads of Marie Edwards’ things were donated to our IGU garage sale in October along with Happy Dollars from the family. **Georgia Baker** loves her new home and found two of her SITM name badges in the moving process. **Billie Mendiola** celebrated her 35th wedding anniversary and **Tracy Turner** rode 88 windy, hilly miles in the ALS bike ride. **Carol Dineen** and her hus-

band are going to Europe prior to her daughter’s giving birth in October. **Pam Robinson** rode 33 miles at the ALS event and enjoyed a family trip with her 13 year old granddaughter. **Lynn Robbins** enjoyed a stay-cation until both of their cars were stolen. **Monica House’s** actor son got parts on “Glory Days” and “Bones” TV shows. **Sue Smith** turned 58 and celebrated her 35th wedding anniversary. **Pam Sutton** doesn’t recommend sneezing when going downhill fast on a bike. **Dorothy Nash Holmes** had a bad week with a sprained ankle, a loose

crown and an alleged meth dealer with one of her campaign signs on his lawn. **Liz Lukasavich** has more colon surgery coming up and will be gone for several weeks.

Teresa Mentzer needs a fridge and an outdoor grill and furniture for a needy family. **Vivian Ruiz** graduated from the Reno/Sparks Leadership program. **Jean Nedenriep’s** son was promoted to Commander of the 221st Calvary.

Kris Olsen below with the Mentzers at the Aces Game to bring awareness of colon cancer and the importance of testing.



Dr. Poo & the Butt Kickers at the Aces Game

Save the Date
October 21, 2010
 The Human Rights/Status of Women Committee presents
Chief Nicholas Sensley
 Chief of Police, Truckee, California



Bring a guest.
 Don't forget to RSVP to sitruckeemeadows@hotmail.com
 by Wednesday 9 a.m.

Chief Nick is an internationally noted expert on human trafficking and contemporary slavery

SITM Attends the Ace's Game

Madame President Patti and Michelle Jones rated the great seats for the game but look out for the foul balls!



Billie and Margie are more than happy to pose for the camera but the hubbies aren't quite so cooperative. Oh well, it was for a good cause to prevent colon cancer.



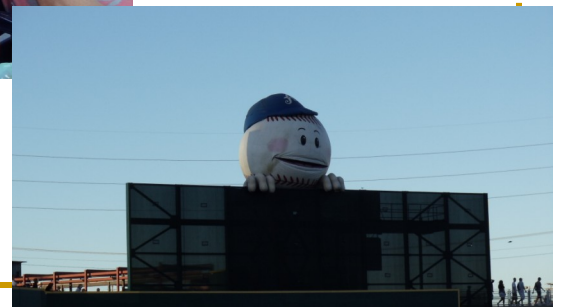
And Kay brings the whole family. What a treat!



Monica & Mark



All for the love of the game and a good community cause.....



SIA Strategic Plan *by Past Governor Faye I. Andersen*

At the July meeting of the Soroptimist International of the Americas Board of Directors they approved a revised Strategic Plan for 2010-2011. Following is page one of the plan. The complete Strategic Plan is available on the Federation website at www.soroptimist.org.

Strategic Plan 2010-2011

Vision - be the leading international organization of business and professional women united through volunteer efforts to enable women and girls to live their dreams, take control of their lives and live according to their own values.

Mission

To improve the lives of women and girls in local communities and throughout the world.

Core Values

Soroptimist International of the Americas is committed to:

- The belief that all women deserve to lead full and productive lives
- Women helping women
- International diversity and fellowship

STRATEGIC OUTCOMES

1. Program

Soroptimist programs and initiatives will enable women and girls to achieve social and economic empowerment.

2. Membership

Soroptimist will be a thriving organization of clubs and members committed to the mission.

3. Public Awareness

Soroptimist will be known for its efforts to help women and girls achieve social and economic empowerment.

4. Fundraising

Sufficient funds will exist for Soroptimist to accomplish its mission.

5. Mission Support

SIA will enable its constituents (clubs, regions, SI) to achieve the mission by providing volunteer support and a sound infrastructure.

The map by which our organization is run.

From the Attendance Committee

Co-Coordinators Lynn Robbins & Debra Sanborn

Just a few words from your friendly gals on the Attendance Committee.....

1. Please check in at the Attendance Committee at weekly meetings even if you have prepaid. We want to check you in, see your smiling face and say "Hi".
2. We know that all of you have busy schedules and family lives but we must know if you will not be at the meeting. Please cancel before 8 a.m. on Wednesday if you do need to cancel. The "count" for Thursday's meeting is given to the Atlantis at 9 a.m. Wednesday. The cancellation notice must be emailed to the club's

address
(sitruckeemeadows@hotmail.com)

3. If you are bringing a guest, please advise us by email the number of guests, their names and who will be paying for their lunches. Please be there to greet your guests. To all committees, please be there at the sign-in table to meet your guests.
4. If you are using a company check, please put your name on the memo line.
5. Please refer to our Club's Bylaws for Attendance Requirements.
6. If you cancel but your schedule changes and you can make the

club meeting, by all means please come. This also applies to an unexpected guest or two. Please bring them to the meeting.

7. The Attendance Committee will email missed but not canceled lunches due on the Friday after the club meeting so everyone is on the same page. If we are in error, please let us know.
8. We will try to respond to emails on a daily basis.
9. Please wear your name tags; it will help with our new members on the sign-in table.

If you have any questions, please call or email. Thanks for your co-operation.

September 2010

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 Education Youth	3	4
5	6	7	8	9 Business Meeting	10	11
12 Air Races	13 Air Races	14 Air Races	15 Air Races	16 Air Races Health	17 Air Races	18 Air Races Dist VI Fall Mtg
19 Air Races Dist V Fall Mtg	20	21	22 ABW Day Luncheon	23 Ad Hoc Committee Dating Violence	24	25 Dist II Fall Mtg
26	27	28	29	30 Pres Elect		

October 2010

SUN	MON	TUE	WED	THU	FRI	SAT
					1 IGU Garage Sale	2 IGU Garage Sale
3	4	5	6	7 SOLT Founder's Day	8 Dist III Fall Mtg Susanville	9 Dist III Fall Mtg Susanville
10	11	12 Board Meeting	13	14 Business Meeting	15	16 Dist I Fall Mtg
17	18	19	20	21 Human Rights/ Status of Women	22	23 Dist IV Fall Mtg
24 SNR Board Mtg Folsom	25	26	27	28 Hospitality	29	30
31						

More Ace's Photos



Gayle & Glenn Baxley



Kris & Wayne



Teresa & Stan Mentzer

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