



SITM Update

Soroptimist International of Truckee Meadows

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October 2016

www.sitmnv.org

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Calendar

- Oct. 20 – Candidates Forum
- Oct 27 – Halloween Social – Hospitality
- Nov. 3 – United Nations Day – IGU
- Nov. 8 – Board Meeting, 5:30 p.m., Staybridge Suites
- Nov. 10 – Business Meeting
- Nov. 15 – Sip & Shop, Ethan Allen
- Nov. 17 – Education-Youth
- Nov. 24 -- DARK

SITM Meets...

Thursdays at Noon
 at the Atlantis Casino Resort Spa
 Second Floor Convention Center
 \$20 for lunch
 RSVP to sitmtruckeemeadows@hotmail.com
 no later than noon on the Tuesday before the Thursday meeting.

Soroptimist Is:

a global volunteer organization working to improve the lives of women and girls through programs leading to social and economic empowerment.



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Reflections on a Season of Change

Autumn has always been my favorite time of year. The air becomes crisp, filled with delicious spices, the leaves change color and the people begin to bustle around preparing for the quickly approaching holidays. As we all experience this change in a season and a change within ourselves, we all steal a few moments, here and there, to reflect on the unselfish moments others have given to us. A look, a smile, a hug, a helping hand, even a short email or voice letting someone know you are thinking of them. These are all things we do to support and love each other through this amazing season of change.



Thank you all for the wonderful work you do on a daily basis to accomplish a “season of change” every day.

With love, respect and appreciation,

President Jennifer Burnitt

Sell those tickets

Don’t forget to sell your 50/50 raffle tickets. (Penney and Barbara won’t let you forget.) If you have not picked up your tickets, Barbara and Penney are at each meeting distributing packets. In case you forgot, tickets are \$10 each or three for \$25. Currently the “pot” is up to \$1,200. Please make every effort to sell your tickets. The winning ticket to be drawn December 15. Proceeds benefit SITM’s Service Fund.



District 5 Fall Meeting Held in Reno October 8

By Delegate Bev Perkins

The District 5 Fall Meeting got started a day early with a Friday Night Social hosted by SI/Reno for an evening of refreshments and bracelet making at Plumas Bank.

The meeting began Saturday morning at NV Energy’s auditorium with breakfast and a little shopping among several clubs who brought items for sale or raffle. District 5 Director Sarah Carrasco presided throughout the day.

First time attendees were recognized and welcomed, including SITM’s own Carmela Cipollina, Annette Friedlander,

Continued on page 3



President Jennifer accepts an SIA Gold Award for Club Giving, She is flanked by Director Sarah Carrasco, far left, Governor Vicki Watson, far right, and the Presidents of SI Fallon and SI/Truckee-Donner.

Committees, Reports, Actions from Board & Business Meetings

By Faye I. Andersen

October's Board and Business Meetings were filled with committee actions, reports and motions. Some committees have completed tasks while others are just beginning.

Happy Dollars Set for the Year With an Addition

The Board recommended and the membership approved the finalized list of designees for the monthly Happy Dollars. Previously, some months had been designated while others were left open for requests.

The Board also recommended and the membership approved the solicitation of items in addition to or in lieu of Happy Dollars from members for the designated recipient during their designated month. (For example, diapers, t-shirts and underwear for kids, toothbrushes.)

Happy Dollars in the amount of \$327 collected during September were distributed to Bristlecone Family Resources. The combined July/August Happy Dollars of \$285 were designated for Eddy House.

Education-Youth to Assist Hunter Lake School

Eileen Fuller, Education-Youth Coordinator proposed a motion to allow the committee to solicit members for Christmas gifts for the children of 41 transitional families who attend Hunter Lake Elementary School. An Angel Tree containing the children's names and desired items was featured at last year's Holiday Boutique. The motion was approved.

With agreement from the Hospitality Committee, Education-Youth proposed using the November 17 program meeting for solicitation and a program by the committee. (The in-club Holiday Boutique will be forfeited this year due to the Sip & Shop evening event on November 15.) The motion was approved.

Restart of the Afghan Socials

The Board recommended and the membership approved Economic and Social Development Committee Coordinator Diana Dillion's request to once again engage members to purchase yarn and crochet afghans to be donated to residents of the Volunteers of America Family Shelter. The first Afghan Social will be held Monday, October 24 from 5-7 p.m. at Diana's office. See details on page 9.

Reporting on Money Matters

- The club's tax return for our 2015-16 Club Year has been completed and filed. A big cheer to Bev Perkins for her diligent work and expertise to get this done for the past several years.

- Fundraising Co-Coordinator Barbara Atwell reported that the last Spoonful of Success, dining event raised over \$700. Thanks to members, family and friends who dined at one of the participating restaurants: Bistro 7, La Posada Real, Skipollini's Pizza, We Olive & Wine Bar. The Wet Hen restaurant also made a donation.

- Air Races Co-Coordinator Diana Dillon reported a net profit of \$2,600 from art and calendar sales connected with the Reno Air Races. The proceeds support our service projects. Thank you all for selling your calendars.

Great Turn-Out for District 5 Fall Meeting

Fifteen SITM members including five "first timers" attended the District 5 Fall Meeting held in Reno. Delegate Bev Perkins presented a detailed report at the Board and Business Meetings. Her report can be found on pages 1, 3 & 4. Last month SITM agreed to host the 2017 District 5 Fall Meeting.

Membership Changes

The Board approved a leave of absence for Lynn Robins who underwent knee surgery, again, on October 12. Hurry back Lynn.



Celebrating October birthdays at the Business Meeting were, from right, Carmela Cippolina and Faye I. Andersen, along with Margie Hermanson, a member of the Hospitality Committee.

Becky Moody received a flu shot from Hillary Pruitt, a Walgreens Pharmacist, at the October 13 Business Meeting. Pneumonia shots were also available.



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Annette Friedlander and Monica House are making bracelets at the Friday Night Social.

Patty Mamola, Rikki Hensley-Ricker and Jeanne Naccarato. Briana Neben, currently Miss Lake Tahoe was the morning speaker, recounting her ordeal as a former victim of abuse and how she overcame her circumstances.

Club Presidents, from the eight District 5 Clubs, plus one from District 6, presented their upcoming fundraising projects.



Fundraising Co-Coordinator Penney Leezy and Barbara Atwell with Kay Dunham were offering vintage airplane calendars, 50/50 raffle tickets and promoting the upcoming Sip & Shop at SITM's sales table.

Goals for the 2016-2018 Biennium

SNR Governor Vicki Watson presented her goals for the region for the next biennium:

- Charter two new clubs in the region.
- Upgrading the region's Stop Trafficking efforts from a task force to

- a full-fledged ad hoc committee;
- Selecting an international project for the region to support;
- Appointing a Legislative Advocacy Committee to explore advocacy in this area and to set parameters for region/club participation;
- Grow our membership;
- Build more and stronger leaders.

Her presentation included a few small group exercises on building leadership. She also encouraged members to attend the annual Soroptimist Development Retreat for Soroptimist and leader training.

Convention Recap and Awards

Governor Vicki also gave a brief recap of the 44th biennial SIA Convention held in July and encouraged members to attend the 45th SIA Convention in Yokohama, Japan, January 30-August 2, 2018.

Federation Club Awards were presented. SITM was awarded a Certificate of Appreciation for participation in the Live Your Dream Award; a Gold Award for Club Giving; and a Soroptimist Celebrating Success Award for Membership.



Barbara Atwell was the happy winner of the 50/50 raffle at the meeting.

Conference Registration Fees Discussion

Governor-Elect Lane Parks thanked the clubs for helping to clean up



First time attendees were recognized at the District Meeting. Carmela Cipollina, Annette Friedlander, Patty Mamola, Rikki Hensley-Ricker and Jeanne Naccarato were attending their first meeting.

the region bylaws at last spring's annual conference. However, the revisions did not include provisions for conference registration fees. As a result, SNR is soliciting sponsorships for the 2017 conference. A proposed amendment to the SNR Fiscal



Carmela Cipollina, Anna McArdle, and Jeanne Naccarato visit with Lyla Messinger and Charlene Booth at SI/Reno's sales table.

Standing Rules has been proposed to address conference registration fees, but cannot be voted upon until the next conference.

Sierra Nevada Region Reports

Region Committee Coordinators were on hand with reports, including:

SITM's Margie Hermanson soliciting members for nomination to the Nominating Committee;

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Trudy Mills, the Federation Membership liaison; Susan Strople, Federation Programs liaison; Danielle Kennedy, SNR's Public Awareness Committee and speaking on behalf of the Federation Fundraising liaison; and Joanne Tremeling, coordinator of SNR's Anti-Trafficking Committee.

The 50/50 raffle sponsored by SI/Reno was won by SITM's Barbara Atwell.

Attending from SITM

Sixty-three members attended the District 5 Fall Meeting, including 15 from SITM. They included: Carmela Cipollina, Monica House, Annette Friedlander, Jo Ann Roberts, Faye I. Andersen, Kay Dunham, Patty Mamola, Barbara Atwell, Margie Hermanson, Jeanne Naccarato, Anna McArdle, Bev Perkins, Rikki Hensley-Ricker, Penney Leezy and President Jennifer Burnitt.



SITM had 15 members attend the District 5 Fall Meeting.

Using the Correct Terminology

Soroptimists have their own language, which is sometimes a bit different than other organizations. For example:

Say this

- President Jennifer
- Committee Coordinator
- Soroptimist Club
- Soroptimist Members
- Soroptimist Federation
- (Soroptimist International of the Americas)
- Sierra Nevada Region Officers

Not this

- Madam President
- Committee Chair
- Soroptimist Chapter
- Soroptimist Sisters
- Soroptimist National or Federated
- Regional Officers

We hold club or district **meetings**, region **conferences**, federation or international **conventions**.



Soroptimist International



**Soroptimist International
of the Americas**



Sierra Nevada Region

Fun and Food with Friends at Bistro Napa

Some SITM members gathered at Bistro Napa at the Atlantis for a little fun and camaraderie –oh yes, there was food and wine too. The Hospitality Committee sponsored an informal early-evening get-together for those members who could get together September 29.



Not Goodbye, but Farewell from Georgia Baker Flambures

From the first meeting I attended of Soroptimist in 1991, after moving here from Seattle, I knew I was home. What do I like most about Soroptimist? Everything !! I love our mission, our international outreach, how we help women reach up to see their dreams come true, see their children prosper because of our help and build unbinding friendships with fellow members for a lifetime. Thank you for all your support when I have asked for it whether it be for a committee or something personal. I have never experienced this level of support from so many club friends and it always makes me want to do more for you, our club, our Region and our Federation.



Georgia and Jon were married in August 2014.

Jon and I are on a new life change but how can it go wrong when I have a Soropti-Mister with me. He loves Soroptimist more than I do and has so much fun being with our members. We won't be far away with texts, emails and Facebook so please stay in touch and let us know when you will be the Phoenix area. Again, thank you for all your love, support and warm hugs. You have all made an extraordinary impact on my life and I will take you all with me in my heart.



Jon & Georgia Flambures

"A memory lasts forever, never will it die... true friends stay together and never say goodbye..."

Author Unknown

What Do Those Technical Committee Do and Why

Soroptimist education for new members and a refresher course for more seasoned members was the feature of the September 1 meeting. Vice President-Technical Barbara Atwell hosted brief presentations by each of the Technical Committee Coordinators and Co-Coordinators. Here is a look at these committees and the service they provide for SITM. An exploration of SITM's Service Committees was conducted by Vice President Service Alysia Peters at the September 15 meeting.

Attendance



Attendance Committee Co-Coordinator Bev Perkins explains the policies regarding attendance at club meeting, payments and billings.

Finance/Governance

Vicki Schultz, left and Pam Sutton, Co-Coordinators of the Finance/Governance Committee give an explanation of the duties of this dual



function committee to oversee the club's treasuries, set budgets and keep the club's bylaws, policies and procedures in sync with club wishes and organizational protocol.

Hospitality



Hospitality Coordinator Vivian Ruiz outlined the "fun parts" of the committee's duties hosting events and gatherings for members.

Membership



Kay Dunham, one half of the duo of Membership Committee Co-Coordinators, along with Georgia Baker Flambures work with the committee to recruit new

members and retain existing members.

Public Awareness

Niki Champ, right and Pam Sutton Co-Coordinators of the Public



Awareness Committee reminded committees to notify them of their activities so that they can promote them to the community and the rest of the Soroptimist organization.

Scrapbook

Patti Doty, left, Co-Coordinator of the Scrapbook Committee explains what fun the committee has when meeting and creating a lasting memory for President Jennifer Burnitt.

Marilyn Pearson, Co-Coordinator for the committee produces the annual Year in Review slide show to be shown in June displaying all of the projects and activities undertaken by the club in 2016-17.



Newsletter & Roster

Coordinator Faye Andersen, right, outlines the deadlines and production schedules for the monthly club



newsletter, SITM Update, and the club roster.

Fundraising Co-Coordinators Penney Leezy and Barbara Atwell surprised Harmony Hobbs with thank you gifts for her work in helping SITM raise funds through her fellow UPS employees and their United Way campaign.



What Do These Service Committees Do and Why

SITM's Service Committees provide just that ... service to local, national and worldwide organizations and programs that are the hallmark of Soroptimist's mission to improve the lives of women and girls. Vice-President-Service Alysia Peters introduced the presentations by each of the Service Committee Coordinators and Co-Coordinators at the September 15 meeting. An exploration of SITM's Technical Committees was conducted by Vice President-Technical Barbara Atwell at the September 1 meeting.



Vice President Service
Alysia Peters

Economic & Social Development

Coordinator Diana Dillon promotes awareness, education and community engagement and impact regarding improved economic and social conditions for women and their families. The committee sponsors the annual crocheting afghans for the women at the Volunteer of America's Family Shelter, and the holiday gift deliveries to seniors.



Education Women

This committee works to provide educational opportunities for women. According to Co-Coordinator Pam

Robinson, the committee administers the Nancy Gomes – Mary Gojack – Sue Camp Scholarships for re-entry women and the Jack Simon Memorial Scholarships for graduate-level women. In addition they administer the Live Your Dream Awards for women heads of household.



Education-Youth

Education Youth Committee member Dot Watts standing in for Coordinator Eileen Fuller, explained



the committee is responsible for administering the annual Thanks to Youth (Unsung Heroes) and Youth Scholarship programs, including coordinating the shopping sprees for the Unsung Heroes.

Health

The Committee focuses on promoting awareness, education and community engagement and impact regarding the health and well-being of women and their



families. Coordinator Kay Dunham said the committee also provides health programs for members, like flu shots and speakers.

Human Rights/Status of Women

Jo Ann Roberts, a member of the Human Rights/Status of Women Committee, standing in for Coordinator Doris Phelps, described to committee's responsibilities. Those include awareness and support for the Soroptimist International President's December 10th United Nations Human Rights Day Appeal and administration of the annual Ruby Award: For Women Helping Women.



International Goodwill and Understanding (IGU)

Standing in for Co-Coordinators Monica House and Carol Dinneen,



was committee member Linda Lamke. The committee builds support for the club's "Removing Barriers to Education for Girls in Thulipokhari, Nepal" program and associated projects. The committee also maintains liaison with our Friendship Link Club, SI/Punè Metro East.

SIA Project to Eliminate Violence Against Women

By Paula Ringkob, Human Rights & Status of Women Committee

November 25 is the International Day to Eliminate Violence Against Women. It is a day that Soroptimist International of the Americas (SIA) recognizes because the prevention of domestic violence has been an SIA organizational focus since 1994.

SIA members participate in the Soroptimist Workplace Campaign to End Domestic Violence. The workplace is impacted by domestic violence and SIA can play a role in educating businesses and their employees.

- Domestic violence is a workplace issue because most women work and do not leave abuse behind while at the workplace.



SITM Receives Thanks from Make-A-Wish

SITM received a letter of thanks from Make-A-Wish Foundation for our donation of \$100 in the name of John Farahi. The donation was made on his behalf in recognition for his continuing support of our Thanks to Youth program, during which the Atlantis underwrites the costs of the annual luncheon.

The letter was address to last year's Thanks to Youth Co-Coordinators Chris Fegert and Valerie Hahn. It read in part:

We are delighted to accept your gift of \$100 in honor of John Farahi. Your support makes it possible for children with life-threatening medical conditions within our communities of Northeastern California and Northern Nevada to receive a life-changing wish.

Wishes help children forget about their medical burdens for a moment while making lasting memories that give them hope, strength and joy as they face their future. With the help of generous supporters like you, we have been able to create magical moments for more than 5,800 local wish children since 1983. Thank you for helping us to continue to make our community a better place, one wish child at a time.

Sincerely,
Jennifer A. Stolo
Chief Executive Officer

- Abusers often harass their partners at work, sometimes threatening their partners and co-workers at the workplace.



Human Rights

SIA members can educate people in the workplace that women have the right to live free from violence.

Soroptimist clubs work to raise awareness by distributing domestic violence safe cards at workplaces, organize public forums and support domestic violence shelters. Businesses are encouraged to adopt formal guidelines to protect employees and their co-workers from domestic violence situations.

SIA has also worked to raise awareness about sex trafficking and teen dating violence in addition to providing support for domestic violence victims.

IGU Celebrates United Nations Day on November 3

By IGU Co-Coordinator
Monica House



The United Nations (UN) is an international organization established on October 24, 1945 when 51 countries committed to maintaining international peace and security. Today, 193 member countries comprise this group.

The anniversary of the UN's founding is important to Soroptimist International because SI works hard to ensure the voices of women and girls around the world are included in international decision and policy settings. SI recruits Soroptimist members who are able to give their time, energy and enthusiasm to monitor UN activities across the major UN Centers in New York, Geneva, Vienna, Paris, Rome and Nairobi.

At the Thursday, November 3 meeting you will learn about the many international projects our club, region and federation have been involved with over the years and the difference we are making in our community and in other parts of the world.

How to Raise Funds for SITM Without Really Trying

You can support SITM by shopping and swiping your Rewards Card, entering your phone number and designating SITM to receive a percentage of your qualified purchases.



Sign-up by visiting www.SmithsCommunityRewards.com. Create an account and designate SITM. Our organization number is #17204, or search "Sor" to find SITM. Swipe your Smith's card each time you shop.

If you do not have a Smiths Rewards Card, they are available in store at the service desk and there is no charge. SITM will receive 3% of all eligible purchases.



Sign up at www.escrip.com/shares/ with your email, your 10-digit phone number and create a password. Then designate SITM as your chosen charity. Our group ID number is 500825778. SITM can earn up to 3% back on qualified purchases at Save Mart Supermarkets (excluding items like alcohol, tobacco and milk).



Shop at AmazonSmile. Go to smile.amazon.com. You can use the same account on Amazon.com and AmazonSmile. On your first visit to AmazonSmile, select SITM to receive donations from eligible purchases before you begin shopping. The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases.



Fundraising Committee at Work

Kay Dunham and Linda Lamke are pictured in front of the SITM booth at the Dolan Donor Walk. Along with Barbara Atwell and Ann McArdle, they sold 50/50 raffle tickets, handed out Sip & Shop flyers and talked to the public about Soroptimist.

Join the Afghan Social on October 24

Calling all crocheters and would-be crocheters. The Economic & Social Development Committee will be hosting an "Afghan Social" at Coordinator Diana Dillon's office on Monday, October 24. from 5-7 p.m.

SWAG/Blue Moon
1375 Greg Parkway, Suite 105 in Sparks
Office 359-5600
Diana's Cell 690-9587

The "class" is open to everyone, from beginner through advanced crocheters. If you don't know how to crochet, but would like to learn, this is for you.

Bring a "Q" Crochet hook and yarn.

Finished afghans will be donated to the Volunteers of America Family Shelter. Last year approximately 150 afghans were made and distributed at the shelter.

Don't Want to Crochet, But Want to Donate

Donations of yarn, or money to buy yarn, is greatly appreciated. Yarn can be found reasonably priced (and sometimes on sale) at Walmart or Michael's. Here are some guidelines:

Red Heart Knitted
Worsted solid skeins
are 7 ounces;
variegated skeins
are a little smaller.



What it takes to make an afghan ...

2 skeins each of 2 different complimentary solid colors
OR
2 skeins of solid color and 3 skeins of a complimentary variegated color.

Fall Garage Sale Another Success Thanks to Members

It was another day and evening of fun, hard work and refreshments before and during the latest IGU garage Sale on October 1, which raised \$3,100 with the help of SITM members, friends and family contributing. Some 31 Soroptimists worked one or more shifts, along with 24 volunteers to set-up, sell and tear-down the Fall Garage Sale for a combined total of 252 hours volunteered.

According to IGU Co-Coordinator Monica House, since the beginning in 2000-01, the garage sales have raised a total of \$85,000 to support the Nepal Project. That money has helped support scholarships and dormitory housing for the girls attending our school in the village of Thulipokhari, Nepal. She thanked everyone who donated items, worked at the garage sale and purchased treasures there. She especially thanked Jeanne Baxter at Ethan Allen Interiors for warehousing the donations and Connie Steinheimer and husband Jeff for providing their home to host the event.

Women’s clothing items that were not sold will be kept for the next Making a Difference for Women’s Clothes Closet. Household and other items unsold were donated to Catholic Charities.



Friday set-up begins with deliveries from Ethan Allen where items are stored prior to the garage sale.



Norma Webster sorts clothes, a never-ending chore.



Rikki Hensley-Ricker and Jo Ann Lessly with clothes and more clothes.



Marlys Pryor trying out some of the merchandise



Connie Steinheimer and Jo Ann Roberts are the cashiers-extraordinaire at each garage sale. In the background is the Designer Boutique, where Enid Oliver sells the more upscale items.

Continued from page 10



Liza Chapen and Mary Beth Roselli



Moshay Akala, Eileen Fuller and Paula Ringkob were part of the morning shift.



Perennial helper Wally Prendergast helps Marilyn Pearson remove the legs from her new sewing table for transport home.



Jeanne Baxter, Connie Steinheimer and Elly from Ethan Allen price the furniture.



Enid Oliver, seated right, with her sister-in-law Bobby Jo Beach, and Penney Leezy standing.



Demonstrating seating for four are Annette Friedlander, Jeanne Naccarato, Pam Robinson and Marilyn Pearson.



Valerie Hahn with daughter Savannah and son Sumner.



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Board Meets monthly on Tuesday
 following the first Thursday, 5:30 p.m.
 Staybridge Suites
 10559 Professional Circle, Reno

SITM Board 2016-17

President
 Jennifer Burnitt
 President – Elect
 Rikki Hensley-Ricker
 VP/Technical
 Barbara Atwell
 VP/Service
 Alysia Peters
 Recording Secretary
 Doris Phelps
 Corresponding Secretary
 Jeanne Naccarato

Treasurer/General Fund
 Anna McArdle
 Treasurer/Service Fund
 Kay Dunham
 Director, 2 Years
 Vivian Ruiz
 Director, 1 Year
 Pam Sutton
 Delegate
 Bev Perkins
 Alternate Delegate
 Lynne Catrow
 Parliamentarian
 Margie Hermanson



For information about our organization, check out these Soroptimist Websites:
 Sierra Nevada Region: www.soroptimistsnr.org
 Soroptimist International of the Americas: www.soroptimist.org
 Soroptimist International: www.soroptimistinternational.org



Did you know . . .

**Happy 95th Birthday
 Soroptimist**



Believed to be the first Soroptimist emblem.



A forerunner to today's emblem.

The first Soroptimist Club was chartered and its first officers were installed on October 3, 1921 in Oakland, California with 80 members. Violet Richardson Richardson Ward was the first President of the Soroptimist Club of Alameda County. The name Soroptimist is a coined word derived from two Latin words – “soro” meaning woman and “optima”, meaning the best; or the Best for Women.

Word of a club for women to come together for mutual support and friendship, and to serve the communities to which they belong, soon spread across the United States and by 1925 to Europe and Great Britain. Today there are approximately 80,000 Soroptimists in 130 countries around the world. We are a global volunteer organization working to improve the lives of women and girls through programs leading to social and economic empowerment in our communities and around the world.

Planning is already underway for Soroptimist’s 100th anniversary, to be celebrated in Oakland, California. You won’t want to miss it.

Soroptimist International of Truckee Meadows

Sip & Shop

A Local Artisan Boutique

Tuesday, November 15

5-9 p.m.

Ethan Allen

9065 S. Virginia St. Reno

Admission is Free

Join us for wine, nibbles
and shopping. Browse
Ethan Allen's furnishings.

Browse 20 Artists &
Crafters offering handmade
items, gifts and art.

Meet SITM members and
discover our mission to improve the
lives of women and girls.

