



SOROPTIMIST®
Investing in Dreams

SITM Update

Soroptimist International of Truckee Meadows

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September 2020

www.sitmnhv.org

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Calendar

- Sept. 17 – Membership Committee
- Sept. 24 -- A Special TEAse Party
- Oct. 1 – Candidate’s Forum
- Oct. 3 – District 5 Fall Zoom Meeting
- Oct. 6 -- Board Meeting at Ana Nadimi’s home
- Oct. 8 – Business Meeting
- Oct. 15 – Nevada State Senator Julia Ratti
- Oct. 22 – WCSD Superintendent Kristen McNeill

Prior to each meeting President Millie sends a link to join the meeting via Zoom, if you would like to attend that way.

SITM Meets...

Thursdays at Noon

at the Atlantis Casino Resort Spa Second Floor Convention Center \$25 for lunch.

RSVP to info@sitmnhv.org no later than noon on the Monday before the Thursday meeting.

Soroptimist Is:

a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.



Preparing For and Anticipating Good Things to Come

Autumn. Fall. There’s a nip in the air. The light is changing, and shadows are lengthening. The leaves on the trees will soon begin their magnificent, once-a-year show of vibrant shades of red, yellow, and orange. It’s a time of hunkering down, getting ready for winter, and preparing for things to come.



As we heard at our September Business Meeting, SI/Truckee Meadows members have been rolling up their sleeves and getting to work on our various programs and service projects in anticipation of good things to come in the Spring. I’m in awe of all we are managing to accomplish despite

needing to learn how to carry out our work in different ways. Bravo to our committee coordinators for getting the balls rolling for the 2020-2021 club year. Committees have been meeting via Zoom, email, phone calls, text messages, and maybe even over a cup of coffee or a glass of wine – socially distanced of course – on someone’s backyard patio. We’re selling Air Race “Ghost” calendars, planning for a Soropti-TEAse program luncheon, organizing to get the word out about Live Your Dream awards and our scholarship programs, arranging a Candidates Forum, crocheting afghans, figuring out how to scrapbook while separated, posting on Facebook, and arranging Zoom training for members. Even the board is meeting in a hybrid fashion using my trusty little iPad for those who need to Zoom in. Pretty darn amazing!

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President-Elect Valerie Hahn reports on SITM’s Fundraising Committees and Public Awareness.

Vice President-Membership Laury Macauley reports on SITM’s Program Committees.



Vice President-Membership Patti Doty, on Zoom, reports on SITM’s Membership Committees.



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The leadership of Soroptimist Sierra Nevada Region has been busy at work, too. Please mark your calendars for Saturday, October 3rd, from 10:00 a.m. – 12:30 p.m., for the District 5 Fall Meeting. We'll be meeting on Zoom. There has always been a terrific turnout of SI/Truckee Meadows members for the Region conferences and district meetings. We're pretty savvy Zoomers at this point, so please join me on October 3rd to learn about what other clubs in District 5 are doing and hear from our region leadership about what's happening in our area and nationally with Soroptimist.

Fall is my favorite time of year, even this year. I love all of the preparation and anticipation of the good things to come. I hope you do, too.

Millie Mitchell, President



By Pam Sutton

With just a month to go before the election, SITM will once again give members and guests an opportunity to see, hear and assess the contenders' positions on issues that are crucial to Nevada and especially to northern Nevada. We'll be hearing from candidates for Washoe County School Board, Reno City Council and Sparks City Council, as well as representatives from some statewide races. Each candidate will have 3 minutes to explain their qualifications and why they're running. All candidates for the selected races were invited though all may not be attending.

This nonpartisan event is open to the public so please feel free to invite your friends. Lunch cost is \$25 and to help the Atlantis please make your reservation no later than Monday, September 21, by emailing info@sitmnv.org. We'll be Zooming the forum as well but, for security, we'll require advance registration. There's a box to click on our website and President Millie will be sending out an email with instructions on how to make your reservation. Feel free to forward that email to anyone you think might be interested. Please note that even SITM members will need to register in advance to attend via Zoom.

You're Invited to a Soropti-TEAse September 24

Get Ready to Return to Wonderland when the Fundraising Committee presents a special Soropti-TEAse. Come dressed as you did – or wished you did – for last year's "We're MAD as a HATTER High Tea".

You could win a prize in the hat and costume contest. As part of the fun and frivolity you can test your knowledge of tea and win a prize. Lunch will be served fit for a tea.



The committee will show you highlights from last year's event and give a heads up of what to expect for upcoming fundraiser in the coming months.

October 3 "Founder's Day: Where Dreams Began"

Hold the date and plan to attend the District 5 Fall Meeting on Zoom on Saturday, October 3 from 10 a.m. to 12:30 p.m. SITM has a history of a great attendance at District Meetings, so this one should be no different. Except, it's only 2-1/2 hours long and you don't have to leave home.

Highlights of the day will be:

Club President Reports

Awards Presented by Immediate Past Governor Lane Parks

First time attendees recognized by SITM's President Millie

Governor Sarah Carrasco's Welcome

Governor-Elect Lisa Fitzgerald Remarks

Reports of the four Federation Chairs: Fundraising, Membership, Public Awareness and Program

President Millie will send out the information to join the meeting on Zoom.

"7 Leadership Principles in the Time of Coronavirus"

Membership Committee Co-Coordinators Angela Owings and Marilyn Pearson will be conducting the September 17 meeting on the topic of "7 Leadership Principles in the Time of Coronavirus." Illustrating just one of the leadership traits necessary at this time, they will co-conduct both in-person and on Zoom. Communications, collaboration and doing it calmly and with confidence are just a few examples of the leadership traits they will share.

“Ghosts” Calendars are Available for Sale

Sales of 2021 “Ghosts” Vintage Airplane Calendars are underway. The price is still \$17.

The Fundraising Committee has 130 calendars and would appreciate it if members would take a few to sell. Fundraising Co-Coordinator Darlene DeLancey will bring a few calendars to the Thursday meetings for pick up.

Doris Phelps has the full supply of calendars and you may obtain them from her for sale. Contact her at skippyyellowsub@charter.net and let her know how many calendars you want to receive, along with the date/ time that works best for you, with an alternative time/ date. Doris is willing to deliver to your home or office or even meet up at Starbucks.

If you would like to support this fundraiser, you may also



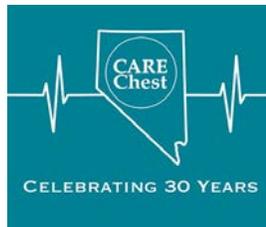
purchase calendars for donation to local veteran’s groups. Last year members bought and donated 47 calendars to area veteran’s groups

September Happy Dollars for Care Chest

by Darlene DeLancey

CARE Chest of Sierra Nevada is a 501c(3) non-profit organization that provides medical resources free of charge to those in need. They provide medical equipment, supplies, prescription assistance including diabetic supplies, independent living home modifications, liquid nutrition and other vital resources. This year they are celebrating 30 years of service to the community and have provided more than 250,000 unique client services to the community.

Services are provided free to clients at or below the 138% Federal Poverty line. In addition, they provide the low interest CARE Loans, Mobile CARE chests and Rural Outreach in partnership with the Food Bank of Northern Nevada



and Catholic Charities of Northern Nevada.

Our donation to CARE Chest of Sierra Nevada will directly support their programs that provide direct services to those in need. During the pandemic, CARE Chest changed it’s service model to better protect the health of their clients and team members. Since the implementation of the changes, some clients travel to the main location for curbside services. Home deliveries and drive-through services are now in place to meet the needs of mobile and rural clients of Northern Nevada. Josh Johnson, who is the Director of Development and Marketing, indicated that their Rural Outreach program has been particularly impactful during the pandemic.

Happy Great Grandparents Kay and Dan Dunham announce ...



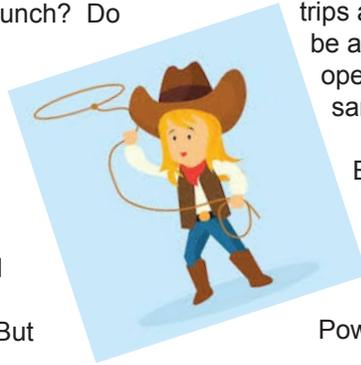
We are so excited to welcome our great grandson Thomas Claiborne Shonnard. He arrived September 6 in Australia (September 5 here)! He weighed in at 6 pounds, 6 ounces and 19.875 inches long. Parents Supriya and Bryan Shonnard are adjusting to little sleep and are at home doing well.



Zoom Wranglers Wanted

Can you spare a little time on Thursday at lunch? Do you want to learn something new?

Well then pardner, the Zoom Wranglers are looking for you. It's not exactly an easy task; nor is it exactly a difficult task. SITM's Zoom Wranglers of President Millie Mitchell, Pam Sutton and Angela Owings have done most of the hard work using trial and error to design and set up our current system we use at the Atlantis each week. But they need help.



trips are planned, so these three members may not be able to be there every Thursday for set-up and operation. Besides, it can get tedious doing the same thing over-and-over.

Besides setting up the equipment before each meeting, you can learn how to become a "controller" using a laptop to switch screens between those members on Zoom, members in person, the speaker at the podium and any PowerPoint programs showing.

Things come up, different appointments are made, even

It could be a career enhancement. See any of the Zoom Wranglers for more information.

The Growing Need for Food During the Pandemic

Meeting the needs of the growing numbers in our community who are food insecure due to COVID-19 is the daily job of Nicole Lambolely and staff at the Food Bank of Northern Nevada. Speaking at SITM's September 3 meeting, Nicole addressed new challenges to meet state guidelines with prepackaged food for students in cooperation with the Washoe County School District; emergency food boxes; drive-by food distribution; and a commodity program for seniors.



hunger with everyone around you.

Go to www.fbnn.org for more information, to donate or volunteer.

Hunger Action Month Bingo

What's your favorite way to get a BINGO? Are you all about the free space? Love a good blackout game? Whatever strategy you prefer, we've got a BINGO card full of ways that you can get involved this Hunger Action Month.

Everyone who participates and completes a bingo card will be entered into a drawing to win some great prizes. Food, dinner, drive-in movies and more.

Grab your bingo card and get all the details you'll need. <https://fbnn.org/ham/hambingo/>

SEPTEMBER 2020 #HungerActionMonth | #iFightHunger

Collect Food from Friends, Neighbors, or Co-Workers	Sign Up to Volunteer with the Food Bank or One of Our Partner Agencies	Share a Favorite Recipe Inspired by Our Instagram Grid	Share a Photo on Social Media From Attending a Past FBNN Event/Activity	Follow Us on Twitter @FoodBankNV
Complete the 2020 Census & Secure Funding for Hunger Relief Programs	Sign Up for Our E-Newsletter at FBNN.org	Donate Food at the Feed NV & the Sierra Food Drive on Sept. 24	Like the FBNN Facebook Page	Contact Your Member of Congress About Child Hunger
Donate to the Portraits for Produce Campaign	Share a Photo Showing Off Your Favorite FBNN Swag	Go ORANGE & Show a Smile for Hunger Action Day Sept. 16	Challenge Your Social Media Followers to Match Your Donation	Make Coffee at Home and Donate Your Coffee Shop Savings
Share the Feed NV & the Sierra Event on Facebook	Follow the FBNN LinkedIn Page	Activate AmazonSmile on Your Shopping App & Make FBNN Your Charity	Organize Your Own Virtual Food Drive	Send a Note of Thanks to a Food Bank Hero
Donate to the Run on Tuna Food Drive	Treat Yourself with The Cheesecake Factory Slice Campaign	Post a Hunger Fact on Social Media	Share a @FoodBankNV Instagram Post to Your Story	Follow Us on Instagram @FoodBankNV

FANTASTIC PRIZES | Complete a BINGO & Be Entered in a Drawing to WIN! Get 5 BONUS entries for Black Out.

HELLO FRESH Dinners for 4
Food & Fun at Home Packages
(Including 7 of Car/Gar & Grill, Johnny's, Black Rock Dessert & More!)

Submit Your Entry to LHM@fbnn.org by Friday, October 2

Winner Will Be Chosen By Random Draw & Determined 100% Will Be Verified

Visit FBNN.org/HAMBingo for All Details

Hunger Action Month!

This September communities across America and the Food Banks that serve them are committing to fight hunger during [Hunger Action Month](#). With every action, we get one step closer to making hunger a thing of the past. If you'd like to get involved but aren't quite sure where to start, we've got you covered. Check out all the great ways you can get involved and share your passion for the fight against



SITM members are no strangers to the Food Bank. These three members each did a term working for the Food Bank of Northern Nevada. From left: Angela Owings, 7 years; Doris Phelps, 9 years and President Millie Mitchell, 2-1/2 years. In the center is FBNN CEO Nicole Lambolely.

The SNR Board's First Meeting is a Virtual One

By Jo Ann Roberts

The Sierra Nevada Region Board held its first meeting of the biennium, led by Governor Sierra Carrasco, on August 29. Following are some of the highlights.

Treasurer Sheron Box indicated the region has an inventory of Soroptimist merchandise that can be available for purchase at the Fall District Meeting,

The region has purchased 100 copies of "Soroptimist ABCs", newly updated by Immediate Past Governor Lane Parks.

Some adjustments need to be made to the region budget due to COVID-19.

Dues and Membership

A motion passed to extend the region's "dues relief" offer to clubs until September 30, 2020.

Governor Sarah reported that SNR membership is down to 1,297, with four clubs that had not yet paid their dues.

SIA has reduced budgets based on a 15% reduction in membership including the number of Live Your Dream awards. SIA is encouraging clubs to give more Live your Dream awards as we strive to reach one half a million women and girls.

Region Grant Extensions

SITM was granted an extension to June 30, 2021 for the Endowment Fund Grant for the Dream It. Be It. Project since schools now have restricted access.

SI/Rancho Cordova-Gold River was granted an extension of their S Clubs/Youth Grant. SI/Fernley was given a \$500 grant for their Dream It. Be It. Project.

SNR Conference 2021 and SDR

A member survey will be coming to members to express their interest in attending a 2021 SNR Conference. Governor Sarah is meeting with the Atlantis in Reno.

All of the workshops, including handouts from the virtual Soroptimist Development Retreat will remain on the SNR Website until the end of 2020

SNR Nominating Committee

Two members of the SNR Nominating Committee were elected to the SNR Board this biennium and Coordinator Sharon Warner recommended the following replacements:

Barbara Smiley, District 3
Leslie Dugger, District 5

The next meeting of the SNR Board will be held October 25, 2020 at 9:00 a.m.

Check Out the Soroptimist Forward Digital Toolkit

Soroptimist International of the Americas is offering a digital toolkit and starter guide to reinvent and reimagine how we serve our communities.

Now, more than ever, the women and girls we serve need us to **dream big**—to reinvent and reimagine how we serve our communities. This Digital Toolkit is a starter guide to help you connect with each other in new ways and continue the critical work you do in your communities!



The kit includes a curated set of resources to help volunteer club leaders and members raise awareness about your club's local

impact and global issues; grow your fundraising events and programs; engaging in new ways with your fellow members; and continue to make a meaningful impact on the lives of the women and girls you serve on a regular basis. In the face of change, the only way forward is to adapt, learn and grow. Thank you for helping us move Soroptimist-forward! For example: Here are the six topics covered under the "Apps and Tools" section.

How do I host a video meeting?

How do I create a Facebook fundraiser?

How do I use Google Drive?

What's the difference between a Facebook Profile, a Page and a Group

How can Slack help us work together?

Why should I consider IGTV?

To find SIA's Digital Toolkit, go to <https://www.soroptimist.org/for-clubs-and-members/digital-toolkit/index.html#apps>. Or go to www.soroptimist.org and click the pull-down menu "For Clubs & Members".

Celebrating the 100th Anniversary of Women’s Suffrage



Molly Walt joined SITM on August 27 in celebration of the 100th Anniversary of Women’s Suffrage and right to vote. Molly is the Executive Director and Management Analyst for the Nevada Commission for Women, and is founder and chairwoman of the Nevada Women’s Suffrage

Celebration Committee. Molly informed and fascinated members with the extraordinary achievements of women since the settling of the State of Nevada. http://admin.nv.gov/Boards/Women/Home_Page/



Speaker Molly Walt receives a certificate of appreciation from Doris Phelps from the Empowerment for Women Committee, which sponsored the program.

Get Your Women’s Suffrage Souvenir License Plate



Celebrate the 100th Anniversary of Women’s Right to Vote with this Women’s Suffrage Souvenir License Plate. Donate \$25 to the Nevada Commission for Women Contact Molly Walt at m.walt@admin.nv.gov for more information. http://admin.nv.gov/Boards/Women/Home_Page/

Women’s Suffrage Specialty License Plate ON SALE NOW!

Celebrate Women’s History Month by purchasing your Nevada Women’s Suffrage Specialty License Plate, and support the Nevada Commission for Women. Visit Nevada DMV at www.dmvnv.com/platescharitable.htm to purchase yours through December 31, 2020. Standard and personalized plates range from \$62 - \$97, plus initial and annual fees.

Excerpts from a letter from Eddy House

Dear Friends,

I am writing to thank you for the generous support and assistance you have provided to Eddy House. Your gift of \$637.75 (July Happy Dollars) helped make the month a little better for our homeless youth. Your generosity and continued support are greatly appreciated. It is donations like yours that keep our doors open.

Eddy House is the central intake and assessment facility for homeless youth, ages 12-24 in northern Nevada. In 2019, Eddy House provided care and comfort services and community resources to more than 500 homeless youth. This year, we have been busy implementing new programming designed to promote self-efficacy within our homeless youth. Our programs such as: Job/Life Skills Training; Client Internships; and Weekly Family Meetings have been met with enthusiasm and maximum participation from our youth. As a matter of fact, over 160 of our homeless youth have managed to secure employment after participating our Job Skills program.

Warm Regards,

Diaz Dixon, MA
Chief Executive Officer



September Board & Business Recap

By Faye I. Andersen

SITM Officers gave quarterly recaps of the progress underway by the club's Program, Membership and Fundraising and Public Awareness Committees at the September Board and Business meetings. Most committees have already met, with others having scheduled meetings. Still, a few have already met several times. President-Elect Valerie Hahn reported on SITM's Fundraising Committees and Public Awareness; Vice President Laury Macauley reported on SITM's Program Committees; and Patti Doty reported activities of the Membership Committees. The club's Zoom account is available for committee usage. Thanks to all of the Committee Coordinators and members for staying the course on getting committee activities accomplished, plus developing alternative plans should the COVID-19 Pandemic continue to prevent us from returning to normal life.



Soroptimists supported Hunger Action Day, September 10, by wearing orange at the September Business Meeting. Orange is the color of Hunger Action.

Get ready for a Valentine-Themed Auction

The Fundraising Committee proposed a motion that was recommended by the board and approved by the membership to explore and implement a Valentine-themed silent auction. The proposed time frame would be January 28 – February 7, 2021. The committee is currently exploring online silent auction platforms and many other details. They will be proposing a budget and project plan following their exploration.

Upgrading Zoom With a New laptop

A discussion at the Board Meeting resulted in a proposed motion to purchase a laptop for the purpose of operating the Zoom meetings every Thursday.

Through experimentation and a drive to succeed, SITM's "Zoom Wranglers" have made it possible for members to attend the meeting from a distance with good clarity, sound and picture. The success is at the expense of borrowing members' personal devices and equipment, when it is available. The board recommended and the membership approved the purchase of a suitable laptop, not to exceed \$750. Thank you "Zoom Wranglers" Pam Sutton, Angela Owings and President Millie Mitchell.

Happy Dollars for Artists Co-Op Reno

August Happy Dollars netted \$392 designated for the Artists Co-Op Gallery of Reno Building Fund. The ACR recently purchased the building where they have resided for the past 56 years. It is in need of multiple repairs and upgrades. September Happy Dollars are designed for Care Chest of Sierra Nevada, which provides medical equipment, supplies, prescription assistance including diabetic supplies, independent living home modifications, liquid nutrition and other vital resources. See page 3.

Under the policy adopted last club year, any shortfall in Happy Dollars not reaching \$500 minimum is supplemented by the reserve service funds.

You Can Still Contribute to Happy Dollars

Don't forget there is a "donate button" for Happy Dollars on our website, www.sitmnev.org. Or, you can always mail a check to Service Fund Treasurer Ana Nadimi. Make sure you designate Happy Dollars in the "notes" on your check.



Celebrating September birthdays at the Business Meeting were, from left, Darlene DeLancey, Kay Dunham, Bev Perkins, Holly Nash and Laury Macauley. Eileen Fuller, on Zoom, also celebrated her birthday.



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Board Meets monthly on Tuesday
 following the first Thursday, noon.
 Ana Nadimi's home

Contributing to this issue

- Jo Ann Roberts
- Millie Mitchell
- Marilyn Pearson
- Jeanne Naccarato
- Pam Sutton
- Darlene DeLancey
- Kay Dunham

SITM Board 2020-21

- | | |
|---|--|
| President
Millie Mitchell | Secretary
Paula Ringkob |
| President-Elect
Valerie Hahn | Treasurer/General Fund
Linda Walker |
| Vice President/Program
Laury Macauley | Treasurer/Service Fund --
Ana Nadimi |
| Vice President/
Membership
Patti Doty | Delegate
Angela Owings |
| | Director – Penney M. Leezy |



For information about our organization, check out these Soroptimist Websites:

- Sierra Nevada Region: www.soroptimistsnr.org
- Soroptimist International of the Americas: www.soroptimist.org
- Soroptimist International: www.soroptimistinternational.org



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Did you know . . .

Congratulations to SNR's Jackie DeMartini

Area 10 SIA Board Representative Jackie DeMartini has been elected to a one-year term as SIA Secretary-Treasurer. Jackie represents Area 10 (clubs in the Sierra Nevada, Sierra Pacific and Founder Regions). Director Jackie is a Past Sierra Nevada Region Governor (2014-2016). Jackie is a member and Past President of SI/Loomis Basin.



Jackie is pictured at right, when she received her SIA Board member pin, from out-going Area 10 Board Representative Sherry Pearson from the Sierra Pacific Region.

It's a *Soropti - TEAse*

at the *September 24 Meeting*

Join the Fundraising Committee for

Fun and Frivolity

Contests for Hats & Costumes

Lunch Fit for a TEAse
and Tea, of course



Plus, test your knowledge of tea
for laughs and prizes.

*Learn about upcoming
fundraising plans.*

Revisit last year's
"We're MAD as a HATTER High Tea".