



SOROPTIMIST®
Investing in Dreams

SITM Update

Soroptimist International of Truckee Meadows

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www.sitmnhv.org

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Calendar

- June 18 – Rave Family Foundation
- June 23 – Installation of Officers
- June 30 – Year in Review, Ceec Abrahams Award
- July 7 – DARK
- July 14 – TEAsE kickoff
- July 19 – Board Meeting, Zoom
- July 21 – Business Meeting

SITM Meets...

Thursdays at Noon

at the Atlantis Casino Resort Spa
Second Floor Convention Center
\$25 for lunch.
RSVP to info@sitmnhv.org no later than noon on the Monday before the Thursday meeting.

Soroptimist Is:

a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.



www.sitmnhv.org

We Made an Impact in Our Community and Abroad

As I sit here to write, I am thinking about what an honor it has been to be your President this year. We had our ups, downs, ups, downs, ups, and ups, and so on. It was a roller coaster some of the time with Covid issues, the loss of three members,



zoom issues, increasing costs and minimums to make, members’ spouses ill and passing. Guess What? We moved forward and made a large impact regardless! June 30 will be our “Year in Review”. Please make sure you attend and celebrate what SITM has done this year. Everyone is to be congratulated! This will be a wonderful meeting and our Ceec Abrahams awardee will be announced.

I want to personally thank my board

Laury Macauley, Carol Dinneen, Pam Robinson, Kay Dunham, Linda Walker, Cindy Burk, Millie Mitchell and Margie Hermanson for their patience and dedication to this year. Special Thanks to Jo Ann Roberts for stepping in as Parliamentarian for six months and Governor Sarah for her ear and wisdom. We are truly blessed to have these ladies and numerous others who joined each board meeting to share.

Thank you to all of you! Without you, we could not have fundraised, presented scholarships, conducted the Nepal Pledge Drive, delivered 100 days of meals for Hope Springs, and more. We truly made an impact in our community and abroad. I am still in awe from the first meeting I attended. Everyone jumps in and gets it done. We help each other regardless of the situation or disagreements we may have. We are Soroptimists! From the bottom of my heart, I thank you.

All the Best!
President Valerie

Don't Miss These Upcoming Meetings

Installation of Officers June 23

You don't want to miss the chance to congratulate and celebrate the installation of incoming President Laury Macauley and her board, with Installing Officer Judge Connie Steinheimer.



June 30 Year in Review and Ceec Abrahams Award

Enjoy the 2021-2022 Year in Review with the Scrapbook Committee's year in pictures showing how we are “Moving Forward and Making an Impact”.

There will also be the big reveal of the recipient of the Ceec Abrahams Award for 2022-2023.



Why Did You Join SITM? Why Do You Stay?

It is every Soroptimist President's nightmare. The meeting is ready to start. Members are in their places, eager to learn something about their community from an interesting speaker. But the speaker has not shown up. Now what?

President Valerie Hahn handled it with grace at the June 2 meeting and the members became the program after lunch. She asked members to verbalize what they really enjoyed about Soroptimist, or what attracted them to Soroptimist. It was also expanded by some members to include why they stay a Soroptimist. The reasons given were many and varied, but there were themes that emerged as the 20 members spoke. (There were also two invited guests attending, which we hope will consider joining us.)

The number one reason given by members was the support they received from other members, when they had personal, work or family issues. Descriptions included

members care and concern, as well as assistance for a member needing help or just needing a safe harbor. SITM was called a great place to make connections and network, outside of individuals' professional circles and contacts.

The second most frequently



mentioned reason was a three-way tie with mentions of club members being warm, friendly and welcoming when they visited and joined SITM. Members mentioned being embraced by SITM members, even getting a hug from the President or other

members while attending a meeting as a guest.

People, projects and passion was described by one member, leading into many mentions of the camaraderie and hard-working volunteers supporting women and girls. Organized was cited by one member who belonged to several other organizations.

Service and giving back to the community were an underlying theme among members. Some members mentioned attending or learning about specific SITM projects that inspired them to join, like the IGU Nepal project, women's and youth scholarships and Unsung Heroes.

SITM has several members who joined Soroptimist in other clubs and other states. Whatever lead them to Reno, we're glad they chose to continue their Soroptimist service with SITM.

Taking a Thanks to Youth "Field Trip"

Some adventurous members of the Thanks to Youth Committee took a "field trip" prior to the event to gather supplies needed for this annual SITM project. SITM maintains a storage unit where club supplies for Thanks to Youth, Fundraising and other projects can be housed, along with raffle baskets, raffle tickets, signage and more. (That way, no member has to store them in their garage.)



The "Storage Shed Babes" from left, Holly Nash, Margie hermanson, Cindy Burk. Pam Sutton and Linda Walker.

Finding treasures, from left, Margie Hermanson, Linda Walker and Cindy Burk.



The Return of the In-Person Thanks to Youth Event

By Pam Sutton, TTY Co-Coordinator

After two years of absence due to the pandemic, Thanks To Youth returned to the Atlantis on May 26. Over 200 guests were on hand to celebrate ten graduating seniors, who were awarded scholarships and five



Amanda Levins, Head Women's Basketball Coach at UNR inspired the TTY recipients.

Our keynote speaker was Amanda Levins, Head Women's Basketball Coach at UNR. She described how growing up with lively and competitive brothers, and how her mother encouraged her to not be intimidated by them but, instead, to be as good at sports as they were. Amanda said this helped her develop the competitiveness and self-reliance that has guided her very successful career. Her message clearly inspired everyone in the room.

The highlight of the luncheon was the introduction of each recipient. We



President-Elect Laury Macauley and President Valerie Hahn.

got to hear their back stories – the achievements, the hardships and the dreams. There were very few dry

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Unsung Heroes who received cash spending sprees. Each recipient also received proclamations from local dignitaries and were professionally photographed. Proud parents, school counselors, siblings and friends were there to support them, and a sense of joy and achievement could be felt throughout the event.



Annette Friedlander, seated and Bev Perkins handling the "check-in" at Thanks to Youth.



Scholarship Recipients

- Estefania Araiza Esparza
- Galena High School
- Karina Gonzalez
- Reed High School
- Markas Logvinenka
- Damonte Ranch High School
- Bridget Litang Meteolechol
- Earl Wooster High School
- Bailey Ranae Oxborrow
- Reno High School
- Mandy Pool
- North Valleys High School
- Lizbeth Perez Sanchez
- Galena High School
- Ayisha Escobedo Silva
- Proctor R. Hug High School

- Wendy Guadalupe Solorio
- Galena High School
- Santy Carrillo Zaragoza
- Sparks High School

Unsung Hero

- Luke Blakeman
- Hunter Lake Elementary School
- Nusra Juma
- Sparks Middle School
- Layton Kindrick
- Hidden Valley Elementary School
- Joey Roderick
- Clayton Pre AP Academy
- Finn Smith
- Reno High School

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eyes in the room!

Thanks To Youth comes about through the effort of the Education/Youth Committee, which works closely with local schools, both public and private, to find scholarship applicants and nominations for Unsung Heroes. The committee spends many hours reviewing applications and selects the most deserving. The Thanks To Youth Committee plans and manages the event, including fundraising.

From a humble beginning in 1987 where Unsung Heroes were presented with certificates, a \$200 check and donated merchandise at a special Soroptimist meeting, the program moved a step further, with three sponsors volunteering to each donate \$1,000. This money was used to provide scholarships to three graduating seniors who were continuing their education in non-traditional fields such as cosmetology or mechanic's school. Over the years we have given scholarships to over 140 graduating seniors and have recognized over 160 unsung heroes.

We are very lucky to have John Farahi and the Atlantis Casino Resort Spa underwrite the lunches, banquet room, and servers. Every penny raised through sponsorships, grants, ticket sales, raffle sales and donations funds awards for the following year. This year we exceeded our expectations and after expenses we netted \$15,882!



Members of the Raffle Ticket Team, from left: Jeanne Naccarato, Holly Nash and Linda Walker enjoying Thanks to Youth.



Unsung Hero Layton Kindrick, from Hidden Valley Elementary School, with his mother.



Youth Scholar Karina Gonzalez, from North Valleys High School, with Connie Steinheimer.



Faithful raffle organizer Margie Hermanson.



Holly Nash and Sarah Carrasco selling raffle tickets.



Unsung Hero Nusra Juma, from Sparks Middle School, with family and friends.



Unsung Hero Wendy Guadalupe Solorio, from Proctor R. Hug, is with Monica House.

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Layton Kindrick with his mother Desiree shopping with Monica House.



Unsung Hero Joey Roderick, from Clayton Pre-AP Academy, shopping with his parents and President Valerie Hahn.



Eileen Fuller was shopping with Unsung Hero Finn Smith of Reno High School.

Thank You for Dreams Moving Forward Scholarship



Following is an excerpt of a letter from a Dreams Moving Forward scholarship recipient, who was not able to attend our April 28 luncheon.

Thank You From NAMI Northern Nevada (Excerpt from the thank you letter)

Dear Scholarship Committee:

Dear Sarah:

I am deeply honored to have been selected for the 2022 Dreams Moving Forward Scholarship Award. Your generous scholarship will allow me to pursue my master's degree of public health (MPH) as well as a Ph.D. and be an active participant in my communities.

Thank you so much for your generous charitable donation of \$500 to NAMI Northern Nevada, received May 20, 2022.

In May 2022 I received a Bachelor of Science with a major in public health and a minor in biology. I graduated at the top of my class and received the title of Senior Scholar for the School of Public Health. I will start my MPH program at UNR in Fall 2022, specializing in health administration and policy.

Through memberships, donations and grants, NAMI Northern Nevada is working hard to fulfill our mission, reduce the stigma of mental illness and to help those impacted by mental illness and their families get the help they need. In addition, our services are free and open to the public. This would not be possible without the generous donations from people like you!

My future education and activity in the community is made possible by the selfless endeavors and generous support of your scholarship. I offer my endless gratitude and appreciation for your support and the future opportunities that this scholarship provides.

Thank you for your support of NAMI Northern Nevada and our mission!

Sara Perez, B.S.
For the complete text of the letter, contact Secretary Kay Dunham.

Janet H. Glaitli
Executive Director
For the complete text of the letter, contact Secretary Kay Dunham.

Soroptimist Development Retreat Will be a Live Event July 30 - 31



Join the Sierra Nevada Region Leadership Team as we "Dig Deep" with our Garden Party themed SDR! We want our SNR Members to grow and learn more about Soroptimist, our clubs and ourselves while having fun doing so!

Beginning on Saturday, July 30 at 12 noon, we will start the day with lunch and a kick-off to what is to be a planning retreat to remember. Following lunch, you will have the opportunity to attend one of four amazing workshops to help members and club officers alike. These workshops will be followed by two more sets of workshops. Then on Saturday evening at dinner you will have the opportunity to hear about Soroptimist successes and upcoming Soroptimist events.

On Sunday morning, breakfast will be on your own, with workshops starting at 9 am, but do not worry – we will have our famous Marketplace and coffee bar available for all attendees. After that second set of workshops Sunday morning, we will end our weekend with a Garden Party Brunch complete with a Bellini Mimosa Bar

and some surprise guests for a panel discussion. Do not forget to wear those floral prints and hats or fascinators for we will be handing out some fun prizes for each and other special drawings. We hope that you will leave with all the tools to help you as an individual, a Soroptimist, and a new club officer before we head back home by 2 pm.

Early bird registration ends on July 2, 2022. Remember the early bird gets into the Early Bird drawing to be held on Saturday, July 30.

Solar Cooking Benefit Women and Families

Solar Cookers International (SCI) is improving human and environmental health by supporting the expansion of effective carbon-free solar cooking in world regions of greatest need. That was the presentation at the May 19 meeting with speaker Caitlyn Hughes, Executive Director of SCI. (Caitlyn was introduced by her very proud aunt, member Holly Nash.)



Using a Power Point presentation, Caitlyn gave a succinct and very interesting presentation about why solar cookers are important, how and where they are used. Three in seven people in the world lack sustainable fuel to cook meals and make water safe to drink.

SCI was founded in 1987 and is the nonprofit leading the solar cooking sector. Solar thermal cooking is done with a variety of devices that collect and absorb direct sunlight and retain heat to cook food and pasteurize water. The solar cookers range from individual family devices, all the way to institutional solar cookers to serve hundreds.

Using the solar cookers has health and other benefits for women who must venture far from their homes and camps to gather firewood or purchase expensive fossil fuels; eliminates the health consequences of open fire cooking; prevents the denuding of forests; and improves the quality of life for families.



Four million + solar cookers are in use around the world today directly impacting 14.3 million people.

SITM

High Tease

July 14 Kickoff Meeting

"We're MAD as a HATTER High Tea"

Fun and Frivolity
Contests for Hats & Costumes
Raffle and Special Spinner Game

The Fundraising Committee Needs Members help to:

- Sell tickets and tables for the High Tea
- Obtain auction Items from local merchants
- Help obtain sponsorships
- Work at the High Tea

Learn about upcoming fundraising plans for the

We're MAD as a HATTER High Tea
September 17, 2022

Update on Dormitory Construction in Thulipokhari, Nepal

By Monica House, IGU Coordinator

The village of Thulipokhari was very excited to receive final approval from Soroptimist to move forward with building the new dormitory. The Campus Management Committee (CMC) that is made up of 11 members and is headed by Mr. Kishor Sapkota are overseeing the project. They are currently in the process of filing the plan design with the Municipality in Pokhara, Nepal for final approval while simultaneously working on obtaining building permits.



The CMC is also forming a Supervision and Monitoring Committee that includes an engineer to do onsite visits and ensure quality control. The CMC will be responsible for reporting to our Campus Chief Hari and our liaisons Shyam and Pratima who will report and send pictures to SITM throughout the project.

SIA Virtual 47th Biennial Convention

If you haven't already signed up, you can still join in the festivities of SIA's virtual convention July 22 and 23. The registration rate (May 1 - July 23, 2022) is \$199 USD for SIA Members in Good Standing.

To register you will need the following:

Club ID: 116305

Club Name: Truckee Meadows, NV

Member ID: (Can be found on your SITM Roster Page)

<https://www.soroptimist.org/events/call-to-convention.html>

A Preliminary Schedule of Events

All times listed are Eastern Daylight Time (EDT)
Several 10-minute breaks will be scheduled throughout the event.

Friday, July 22 -- 5 p.m. to 10:30 p.m.

Opening General Session: Welcome, Flag ceremony, Leadership Recognition

Keynote Speaker: Malala Yousafzai, Noble Laurette

Workshop: Soroptimist International – Engaging Globally Opening

Micro-Learning Opportunities: Engagement – Diversity, Equity, Inclusion and Belonging in Membership

Micro-Learning Opportunities: Engagement – Effective Leadership Skills

Closing & Entertainment: Dueling Pianos

Saturday, July 23 – 5 p.m. – 10:50 p.m.

Virtual doors open! Attendees may log in at any time, explore the platform, visit region booths, etc.

General Business Meeting: Reports, Consideration of Proposed Bylaws Changes

Workshop: Impact & Philanthropy – Supporting Our Big Goal

Workshop: Recognition – SIA Gaining Brand Recognition for Our Impact

Closing General Session: Live Your Dream Award's 50th Anniversary, 2022 Live Your Dream Award's Recipient, Dream Big Campaign

Closing Ceremony: 2021-2022 Board Recognition, 2022-2023 Board Installation

Surprise Entertainment

Sign-Up for Next Year's Committees - It's Not Too Late

If you haven't already done so, let President-Elect Laury Macauley know your preferences for which committees you'd like to serve on in the 2022-2023 Club Year.



Committee work and committee participation is at the heart of SITM's success. That's why all members are needed to sign up for and participate in the club's committees.

According to SITM Policies and Procedures, "Members are encouraged to participate in a minimum of one program committee and one additional committee as a requirement of membership." But members are not limited to the number of committees they can join. Thanks to Zoom capabilities, most committees can do a lot of their work remotely instead of meeting in person, saving time and travel, but still getting the work done.

June Board & Business Recap

By Faye I. Andersen

SITM's June Board Meeting is a milestone event each year as the outgoing board and in-coming board gather together to discuss existing, ongoing and upcoming issues and projects for the club. That was followed by the usual June Business Meeting.

New Atlantis Contract for the New Year

It's a new club year and time for a new contract for meetings and meals at the Atlantis. President-Elect Laury Macauley has been negotiating with the sales staff at the Atlantis. It was expected, with the increase in food costs, the weekly lunch price will be \$28, which includes the increase in meal costs plus increase in gratuity. Two additional meal choices have been added to the "Association Menu" from which we choose each week, to include a pasta dish and the favorite cobb salad. Members approved the Atlantis contract, which will be in effect July 1 through December 31.

The contract also contains increasing costs for technology, including more than doubling the cost for zoom setups and a new charge for the use of projection equipment at meetings. President Valerie asked Finance/Governance Committee members (which also includes a few of the "zoom wranglers") to review the new technology part of the contract and look for alternatives.

Dues are Due

General Fund Treasurer Linda Walker has emailed individual dues notices to members. Regular member dues are \$209; Life member dues are \$132. You can pay your dues online by going to the club website at www.sitmnev.org. A link to the QGiv payment application can be found on the front page. Or, mail or give a check to Treasurer Linda.

Get Ready for the "TEAse" July 14

Linda Walker, Co-Coordinator of the Fundraising Committee presented a motion to conduct a "TEAse" party on July 14 as a kickoff for the "We're MAD as a HATTER" High Tea, scheduled for September 17. Members will be asked to sell tickets, obtain sponsorships and auction items. The "TEAse" will feature a raffle, games and giveaways. Guests of our members at this meeting will receive a free raffle ticket. Hats and costumes are encouraged. The Board recommended and membership approved conducting the "TEAse" on July 14.

Year End Committee Reports

Each of SITM's Program, Membership, Fundraising,

Public Awareness and Special Committees are required to complete a Year-End Report detailing their 2021-2022 activities. These reports have been compiled and sent to members with the June Business Meeting package. If you missed it and would like a copy, see President Valerie Hahn or President-Elect Laury Macauley.

SITM Switching Banks

Service Fund Treasurer Cindy Burk is working with First Independent Bank to switch SITM's accounts from CIT Bank. Officer signature cards are in the works now and the switch should be complete within the month.

May Happy Dollars for the Food Bank

A total of \$285 in May Happy Dollars were collected for the Food Bank of Northern Nevada. June Happy dollars are designated for the RAVE Family Foundation, improving the well-being of Nevada families by providing respite to families caring for young and adult children with special needs. Under the policy adopted by the club, any shortfall in Happy Dollars not reaching \$500 minimum is supplemented by the club's designated service funds.

Celebrating June Birthdays

Happy Birthday to members who are celebrating June birthdays.



Ana Nadimi
June 2



Maryann Decker
June 3



Pam Robinson
June 6
Sarah Carrasco
June 8



Monica House
June 22



Shirley George
June 8



Angela Owings
June 25



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Board Meets monthly on Tuesday
following the first Thursday, noon.

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SITM Board 2021-22

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Vice President/Program
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Vice President/
Membership
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For information about our organization, check out these Soroptimist Websites:

Sierra Nevada Region: www.soroptimistsnr.org
Soroptimist International of the Americas: www.soroptimist.org
Soroptimist International: www.soroptimistinternational.org



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Tote Bag (#159)



Padfolio and Pen Set (#158)



"S" Keychain (#177)



Diversity Scarf (#157)



Floral Scarf (#156)



"S" Earrings (#176)



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