

Celebrating Fall: Falling Into Service

In this issue

Page 1 – President's Message
Page 2 – LYD, Welcome Georgia
Page 3-5 – Queens High Tea
Page 6 – A Personal Thank You
Page 7-8 – Fall District Mtg., Changes to Medicare
Page 9-10 --Board/Business Recap
Page 11 – Mary Loukas Fearure
Page 12 -Prevent Enmail Fraud

Calendar

Oct. 16 – Hug High Counselor
Andrea D Michieli
Oct. 23 – 5th Thursday
Oct. 30 – Halloween Social
Nov. 6 – Project 150 Speaker
Nov. 11 -- Board Meeting, Noon,
Pam Robinson's Office
Nov. 13 – Business Meeting
Nov. 20 – International
Connections

SITM Meets...

Thursdays at Noon

at the Atlantis Casino Resort Spa
Second Floor Convention Center
\$34 plated; \$35 credit/debit.
RSVP to info@sitmnmv.org no later
than noon on the Sunday before
the Thursday meeting.

Soroptimist Is:

a global volunteer organization
that provides women and girls with
access to the education and training
they need to achieve economic
empowerment.



Fall greetings to all of my Soroptimist sisters. I don't know about you, but Fall is my favorite time of year. And as odd as this sounds, with the leaves turning and then falling to the ground so they can go dormant for the winter, for me it always feels like a time of refreshing. A time when I can take some deeper breaths and enjoy the beauty that surrounds me. In looking back at the last two months there have been a couple of significant things that have happened in our club. First, we had the District 5 Fall Meeting at South Shore Lake Tahoe. It was a lovely time spent with members from the other clubs in our district. All of the Club Presidents from our district were there including myself as co-president which to me is a very successful turnout.



Co-President Lisa Robinson

The theme for our meeting was, "Falling Into Service" and each Club President came up to share a specific service project that their Club provides for their individual communities. I shared about Project 150 Reno and how we as a club are involved. In order to prepare my talk, I needed to learn more about this incredible organization and all they do for disadvantaged high school students in our community. I found the stats regarding these disadvantaged students staggering and was grateful to learn about them so I could fully appreciate Project 150 Reno and our wonderful members that support them on a regular basis. If any of you are interested in learning more about joining our members as they support this organization, you can reach out to Diana DeMatei. Our region's Governor Stacey Jensen and Governor Elect Kathy Dunbar stopped me after my presentation to share their thoughts (with some tears) on how our club is supporting this worthy organization. Our club had eight members present of which three were first time attendees and I remember my "first time" moments which



**Follow this Mad Hatter to
pages 3-5 for more about the
Queen of Hearts High Tea.**

Continued on page 2

Continued from page 1

were impactful to my becoming an active member in SITM. We learned a lot from our district presenters which will help our club going forward and just a little side note; our region will be 50 years old next year and we will be celebrating it at our Regional Conference in June of 2026.

The other wonderful thing that happened was our largest fund raiser of the year, The Queen of Hearts High Tea at the Atlantis Hotel. I would like to thank Kay Dunham and her entire team that put together this incredible event. I was unable to attend due to a bad case of the flu but my lovely Soroptimist sisters sent me photos throughout the day so I could see for myself how spectacular the event was. I heard many times what a classy and beautiful event it was and how the raffle baskets and auction items were top notch. That is also thanks to our entire club who generously stepped up to help purchase items to fill those baskets. I am always amazed and grateful to all of our club members who are so generous with their time, energy and finances to help make Soroptimist International of Truckee Meadows walk out our mission of "Investing In Dreams" regarding education as a way to secure the future of women and children. Have a lovely Fall Season and please take moments to simply enjoy the beauty that surrounds you.

Co-President Lisa Robinson



Applications Now Available

Applications are now being accepted for SITM's Live Your Dream Awards. A flyer is attached to this newsletter with directions to apply. If you have a place to post this flyer where likely applicants might see it, please do so, like your beauty shop, gym, clubhouse, church or elsewhere.

The Soroptimist Live Your Dream: Education and Training Awards for Women, assist women who provide the primary source of financial support for their families, by giving them the resources they need to improve their education, skills and employment prospects.

Since 1998, 51 women have received \$71,146 in awards from SITM. These awards give women the resources they need to improve their education, with an emphasis on vocational and skilled training programs, or an undergraduate degree program.

The Soroptimist Live Your Dream Awards have been helping women around the world since 1972. Last year Soroptimist Clubs distributed more than \$4 million to over 2,300 women globally.



Welcome Home Georgia

SITM members are delighted to welcome back Georgia Baker-Flambures. Georgia joined SITM in 1992 and served as President from 1994-95. She became the Sierra Nevada Region District III Director from 1996-1998. Georgia was awarded the Ceec Abrahams Award for her Soroptimist service in 2002. She has been a Laurel Society member since 2006. After retiring, she and husband Jon, a faithful Soroptimist, moved to Arizona. Georgia has now moved back to Reno and rejoined SITM.

Georgia Baker-Flambures, center, is flanked by her sponsor Kay Dunham, left, and Membership Coordinator Billie Mendiola.

Fifth Annual High Tea is a High Rolling Success

by Kay Dunham, Tea Team Coordinator



Co-President Marilyn Pearson presiding at the Queen's Tea

The fifth annual Queen of Hearts High Tea held on September 27 was another success for Soroptimist International of Truckee Meadows. Our guests bought raffle tickets for the 42 fantastic raffle prizes as well as for the TWO wine wagons! They bid multiple times on the 42 fabulous silent auction items. Game tickets were also popular with the Mad Hatter's



Tea Team Coordinator Kay Dunham, left, with Millie Mitchell and Auction Co-Coordinator Holly Nash.

Unbirthday Party Cake Walk selling out and many lucky players captured wine at Alice's Wine Bottle Toss. The Selfie-Spot was very popular with many guests donning Alice in Wonderland themed hats for their group photos.

Once tea was served, our guests settled into their seats for the Atlantis's tea sandwiches and the delicious desserts. We were treated to a special visit from the Founding President of Soroptimist,



Cheshire Cat Dot Watts. The costume was designed and produced by her son, who is a clothing designer.

Violet Richardson Ward. Our own Holly Nash appearing as Violet gave a fascinating history of the organization and I know we all learned things we did not know.

Pam Robinson introduced Mabel Sedano, one of our very successful scholarship recipients. Mabel brought a personal touch to our fundraiser by explaining how vital our financial assistance was as she pursued her education. Pam also told our audience about Calle, another recent scholarship recipient as well as many other success stories of women we have

Continued on page 4



Queen of Hearts Darlene DeLancey at the Raffle Table

Continued from page 3



**Emily Max Zimmerman
(Jeanne's daughter)
selling wine wagon
tickets.**

assisted.

The proceeds greatly exceeded our expectations with the highest net income ever. The silent auction was a raging success with every item receiving solid bids. The baskets were beautifully decorated and displayed for both the auction and the raffle. Great work Deb Thomas, Holly Nash and committee members for taking on that huge task!

I want to thank everyone on the Tea Team for the hard work and attention to detail that made this event such a great success. Another huge thank you to all of our wonderful SITM club members who sold

tickets, donated items, baked desserts, invited guests and attended this important fundraising event. Our scholarship awards would not be possible without the full commitment from our club members.

Thank you everyone!



**Millie Mitchell and Pam Sutton with their table
guests.**



Carmela Cipollini with family and friends.



**Cynthia Tashiro Cramer with son Jon and
grandson Nate, who was excited to win his
cake walk cupcakes.**

Continued on page 5

Continued from page 5



White Rabbit Debbie Richards with friend.



Carol Mathisen with the "girl baby basket:" for her newborn granddaughter.



Diana DeMatei



One of the lovely raffle prizes.



Eve Johnson and Debbie Handke with tablemates.



Wendi Dennis and Kay Dunham.

A Personal Thank You to SI/Truckee Meadows:

By Scholarship Recipient Callee Amari

Two years ago, I was deeply honored to be chosen as a scholarship recipient by *Soroptimist International of Truckee Meadows*. Receiving that award gave me a sense of hope, encouragement, and motivation during a time when I was juggling the many demands of nursing school, military obligations, and family constraints. Being selected again the following year was not only a great financial relief, but also a powerful affirmation of your belief in my potential. I'm writing today to express my heartfelt gratitude, and to share what your generosity has helped me accomplish.



My first day as a nurse at Renown.

Because of the support I received from Soroptimist International of Truckee Meadows, I was able to fully dedicate myself to my education without the constant financial strain that so often holds students back. With fewer hours spent working at Renown and at the Air Force military base here in Reno, I had more time and energy to focus on my clinicals, exams, and leadership opportunities. That space made all the difference in my academic

journey. I was also able to continue tutoring pharmacology, pathophysiology, nursing culture, and nursing care 1, 2, and 3. Because of the SITM community, I was able to do all of this and achieve my biggest accomplishment to date.

I'm incredibly proud to share that I graduated as Valedictorian of my nursing program—a goal I was able to achieve because of the stability and support you helped provide. Your scholarship gave me more than funding—it gave me the freedom to excel, to lead, and to believe in myself. You played a direct role in the greatest academic accomplishments of my life.

Since graduating and becoming a Registered Nurse, I've started my career at Renown as part of the Acute Float Pool, where I provide care to patients on every floor. I go to the ICUs, the ER, peds, med/surg, telemetry, and even NICU. I even go to Renown South Meadows and Renown Rehab as well. Every day, I apply the knowledge, confidence, and dedication I gained through my education—and I never forget that organizations like yours helped make this possible.

Looking forward, I'm excited to share that I've enrolled in a Bachelor of Science in Nursing (BSN) program at TMCC to continue advancing my career. I believe that nursing is a lifelong journey of learning and growth, and I'm committed to furthering my education so I can serve my patients and community at the highest level.



My most recent Air Force picture showing I am now a staff sergeant.

To the members and donors of *Soroptimist International of Truckee Meadows*, thank you for investing in women like me. Your support helped turn a dream into a reality, and now that dream is expanding even further. I will carry your generosity with me throughout my nursing journey, and I hope to one day give back to students the way you have given to me.

And lastly, I offer a lighthearted but heartfelt apology for not being able to attend your Queen of Hearts Tea. As you can probably guess, the nursing profession has a way of filling up your schedule. While I may be caring for patients during your celebration, please know that I'll be thinking of you all with immense gratitude and admiration. I look forward to the day I can thank you face-to-face (ideally not while in scrubs and on call!).

With deepest appreciation,

Callee Amari

Valedictorian, Truckee Meadows Community College

Acute Float Pool, RN | BSN Student

USAF Air Transportation Specialist



My nursing school friends and me having fun with the crash cart during clinicals.

Fall District Meeting: A Fall Into Service

Excerpted from the Meeting Report by Secretary Bev Perkins

The Fall District 5 Meeting was conducted on September 20, at South Lake Tahoe, co-hosted by SI/South Lake Tahoe and SI/Tahoe Sierra. District 5 Director Susan Horst filled the day with reports, presentations and Club Presidents speaking about their clubs.

Sierra Nevada Region Governor Stacey Jensen spoke about SNR celebrating its 50th anniversary in 2026, with celebrations planned for the annual Spring Conference June 5-7, 2026 at the Atlantis Resort in Reno. Partial plans for the gathering include a celebration of the history of the region, remembering and honoring members we have lost.

She introduced the next Soroptimist International of the Americas Convention (held every other year) which will be held July 22-25 in South Korea.

The Soroptimist International convention (held every 4 years) will be held Sept.30 – Oct. 2 in Prague, Czech Republic.

Opportunities are available to achieve the Soroptimist Leadership Certificate during a July 23, 2026 virtual conference. Contact #SIAHQ for the latest.

The appointed Federation Chairs provided these updates:

Public Awareness Chair Danielle Kennedy's presentation was pre-recorded discussing Brand Awareness and how important it is to build trust, attract members and donors with Soroptimist branding.

In a pre-recorded presentation, Live Your Dream Coordinator Billie Araiza discussed ways and places to recruit LYD Applicants. The LYD Portal is now open for applications until November 15.

Membership Chair Holly Nash gave results of the Member Experience Survey with 18,672 surveys sent out. Several changes are being made to the Federation based on member response and 2,631 results.

The top four suggestions were:

Develop and share a yearly SIAHQ activities report.

Articulate all membership benefits.

Share a blog post introducing the SIA Board and staff annually, with staff contact info.

Increase connection between membership and SIAHQ staff.

Guest Speaker Andrea Drew, CPA and Co Founder of Co-Spire, a Women's Leadership Training Program, discussed the importance of "knowing your purpose" to keep you inspired and moving towards your goals. She also discussed



SITM members on the shores of Lake Tahoe, from left, Lisa George, Cathy Zelinski, Kay Dunham, Co-President Lisa Robinson, Holly Nash, Carmela Cipolinni, Deb Richards and Margie Hermanson.

how we should stop telling the younger generation that they can "Have it all" or "Do it all". We were not made to do it all ourselves.

She discussed how we should Commit, Connect and Contribute.

Commit by:

Having a growth mindset, from "I can't" to "I can" ..

Stop apologizing and own your story

Write it down, set your priorities

Connect by:

Listening Deeply.

Asking better questions. Curiosity opens doors.

Practice Gratitude.

Amplify others. Celebrate other peoples wins.

Contribute by:

Time blocking. Protect Space for meaningful work.

Act in Season. Align energy with life's rhythms.

Courage over comfort. Choose bold over easy

Bold action: each week schedule one thing you've been avoiding.

SNR Governor-Elect Kathy Dunbar outlined future events:

****SNR Conference is June 5-7, 2026 at the Atlantis which will also celebrate 50 years!**

****SIA 49th Biennial Convention, Incheon, South Korea, July 22-25, 2026**

****SNR Soroptimist Development Retreat, August 15-16, 2026.**

Continued from page 7

The eight Club Presidents of District 5 were then asked to describe a service project undertaken by their club.

Co-President Lisa reported that we have 63 members and 17 committees. Thirty six percent of the students in our area are disadvantaged. They now have a permanent boutique supporting Project 150 that supplies toiletries, school supplies etc. We also have an amazing crocheted afghan program.

**Closing Words – Susan Horst
SNR District 5 Director**

Susan kindly thanked everyone for coming and said how excited she was that presidents from all eight clubs were in attendance. This was followed by a raffle, Happy Dollars and a group photo outdoors.



What Changes Are Coming to Medicare?

It's that time of year when Medicare enrollment takes place, October 15 – December 7. The Membership Committee hosted a timely speaker at the September 18 meeting to detail changes taking place from last year to present.

Emily Max Zimmerman (Jeanne Naccarato's daughter) is a Medicare Licensed Broker with Reliable Alpine Insurance, a non-profit broker specializing in Medicare, health and life insurance. She says there have been a few changes, but not as many or as drastic as last year.

Traditional Medicare Part B premiums are expected to increase, as well as Part D premiums. Often referred to as Medigap plans, they cover hospitalization, medical and prescription drug coverage. Medicare Advantage, often referred to as MAPD premiums are expected to remain near the same as last year, but there will likely be fewer plans to choose from. Some supplemental benefits formerly offered by Medicare Advantage plans (i.e. "perks") may no longer be offered. New to Traditional Medicare, plans may now have requirements for beneficiaries to obtain prior authorization for some medical procedures that were not required in 2025.

The maximum Medicare Part D deductible increases from \$590 to \$615, while Medicare Part D maximum out-of-pocket costs for covered drugs will increase from \$2,000 to \$2,100 for 2026. Recommended vaccines are still covered at no cost and insulin products with co-pays are now capped at \$35/month.

The first 10 highest-cost prescription drugs will have their prices negotiated by Medicare in 2026, which is expected to lower costs for these drugs.

Emily welcomes members who need consultations, or just have questions,. She can be reached at:

<https://www.reliablealpine.com/> -- request a call, set up a phone appointment on her calendar or call 480-747-2085



Emily Max Zimmerman with our Co-Presidents Marilyn and Lisa.

September and October Board and Business Recap

by Faye I. Andersen

The September and October Board and Business Meetings were filled with motions, committee reports and a few announcements.

New Membership Minutes

A new addition to the monthly Business Meeting was inaugurated by Doris Phelps at the October Meeting. Called Membership Minute, Doris researched and then spoke about past SITM fundraisers conducted during the club's 47 years. The Membership Committee will be featuring other club events, projects and highlights in the coming months.

Queen of Hearts Tea Report

The news everyone was waiting to hear was the results from the Queen of Hearts High Tea. Tea Coordinator Kay Dunham reported this year's event was a phenomenal success clearing \$24,000 for SITM's Service Fund projects. With gratitude to all of the club members who worked so hard for the tea's success, Kay has written a recap of the day on pages 3-5.

Motions, Motions, and Yes, More Motions

The Community Outreach Committee proposed, and the membership approved, the voluntary sale of Christmas Wreaths as a fundraiser. Diana DeMatei will have the order forms for distribution at a future meeting.

A motion from Service Fund Treasurer Cynthia Tashiro Cramer seeking to renew the club's Certificate of Deposit (CD) for an additional 90 days. It was approved by the membership.

A motion from the Community Outreach Committee was made to supply baby items for a teen mother through Project 150. This was approved by the membership. Diana DeMatei will keep members apprised as to what the teen may need for her new baby.

A joint proposal made by the Hospitality and Community Outreach Committees was approved by members to conduct a drive of pillows and pillowcases for the disadvantaged students at Project 150. Watch for details in the coming weeks.

The return of voluntary sales of 12-month Flower Cards from Sparks Florist for Christmas was proposed by Vicki Schultz, seconded by Millie Mitchell and approved by the membership. The cards sell for \$40, and SITM

nets \$10 from each sale. The card entitles the holder to a monthly bundle of flowers for 12 months.

The return of the annual Holiday Bake Sale was proposed by the Hospitality Committee and approved by the membership. Members are asked to bring (bake or buy) items and bid on them via a silent auction. Funds raised are earmarked for the General Fund Treasury. The Holiday Bake Sale will be held on December 18 in conjunction with a holiday party.

Request to Allocate Additional Funds to Youth Awards

The Youth Awards Committee requested that \$10,000 from unallocated Service Funds be transferred to the Youth Awards Committee for the 2025-2026 scholarships and Unsung Hero students. According to Coordinator Eileen Fuller, the committee has approximately \$14,000, proceeds from last year's Thanks to Youth program. The additional funds would be used to provide more, or higher-level scholarships, and more Unsung Heroes. The move was approved by the membership.

Happy Dollars

Happy Dollars collected in September and October totaled \$619 for the Jo Ann & Dee Ann Roberts Memorial Scholarship.

Celebrating September Birthdays were Andrea Caldwell (September 4) and Bev Perkins (September 18). They were celebrated and joined by Dot Watts from the Hospitality Committee.



Continued on page 910

Continued from pag 9

Also celebrating a September birthday were:



Juleana Coe
September 2



Eileen Fuller
September 18



Darlene
DeLancey
September 30

Celebrating October Birthdays:

Annette Friedlander from the Hospitality Committee, Carmella Cipollina (October 23), Cynthia Tashiro Cramer (October 8), and Laurie Goodman (October 12).



Also celebrating an October birthday were:



Clockwise:

Faye I. Andersen
October 9



Debera Thomas
October 15



Denise Rupracht
October 15



Linda Walker
October 27

Traveling Soroptimists

It's not just about club meetings and fundraisers. SITM members are also traveling and having fun together.



The SITM trio of Debbie Handke, Eve Johnson and Dot Watts were shopping for holiday decorations in Sacramento, and made a stop at an old-time favorite, Ikeda's in Auburn for burgers and shakes.

Jeanne Naccarato, traveling to Arizona for a PEO Convention, ran into none other than PEO and SITM member Penney Leezy. They had a good time catching up.



Retired Social Worker Enjoying Traveling Today

Member Feature by Liza Chapen

Last year, SITM inducted a new member, Mary Ferris Loukas, who has been a great asset to our club. After she moved to Reno four years ago, she had the opportunity to meet Line Cousineau, and it was Line who introduced her to SITM!

As Mary describes herself, she was a military brat and was born when her father was stationed at a Marine Corp base in North Carolina. Her family moved multiple times in her early youth, but in 1968, when Mary was 12, her father retired and the family settled in Oceanside, California. Later, her parents and her sister moved to Las Vegas, where she lived until she moved to Reno.

The move to Las Vegas allowed Mary to attend junior high, high school, and college all in the same city, a real plus for a military brat!



Mary at Rockefeller Center during one of her many trips to New York.

After graduating from high school, Mary attended UNLV where she received a degree in social work in 1981. She then worked as a social worker for a total of 34 years, 23 of which were working for Clark County. She happily retired in 2017, and at that time she and her 90-year-old mother moved to Reno. Her mother has since passed away but Mary enjoys living in Reno and has made this her permanent home. Her first year after moving here, she not only learned to snowshoe but is proud that she learned how to shovel snow!!

After her career as a social worker, Mary received her certification as a yoga teacher, and she specializes in kundalini yoga. She considers herself very metaphysical, meditates regularly, and has a crystal bowl that she loves! She also regularly works out on her own Performer Pilates machine.

Mary has two sons, one of whom lives in Brooklyn, New York, and one, her youngest, lives here in Reno. Mary loves horses, but due to back injuries which resulted in back surgeries, she is no longer able to ride. She had two kitties who sadly died during COVID, but she has refrained from searching for new forever kitties because her passion at this point in her life is traveling. Of course, she frequently goes back to Las Vegas to visit friends, but she also goes to New York often to visit the son who lives there. Mary loves Europe so much, last year she spent 23 days there!

In addition to being very involved in all things SITM, Mary has been the secretary of the Washoe Chapter of the Retired Public Employees organization for three years. Members of RPE consist of retired city, county, state, fire and police personnel. The main focus of RPE Nevada is to protect the pension and benefits the members have earned while working to serve the public. The organization has regular luncheon meetings with guest speakers, very much like SITM. This volunteer job keeps Mary very busy!

How fortunate we are to have Mary Ferris Loukas as a member of our club. We're so glad you decided to join SITM!



Mary is a little closer to home here, on a trip to Emerald Bay, Lake Tahoe.

How to Prevent Email Fraud

The internet, the Worldwide Web, Emails ... We've all grown accustomed to and even dependent upon these electronic innovations in our everyday lives. But, there are scammers, cheaters and crooks looking to trick us, steal our information, access our computers and financial accounts, and extort money under false pretenses.



SITM's own member Debbie Richards presented "How to Prevent Email Fraud" at the October 2 meeting. Following a recent bogus "evite" that circulated and caused havoc with some members' emails, Debbie

decided to share her knowledge on the subject.

Following is a recap of some of her comments. Debbie has a handout of her presentation if you would like to review and keep these reminders.

What are scammers trying to achieve?

- Put a virus on your computer.
- Get you to purchase and send them gift cards.
- Gain access to bank accounts, credit cards and other financial information.

Red Flags in Suspicious Emails

- Unusual attachments or links designed to take you to a fraudulent site.
- The sender's address does not match that of a bonafide company.
- Urgent demands or threatening actions that require you to act immediately, like sending money or click on imbedded links.



Use your computer mouse pointer tool to "hover" over any link before clicking on it to see where it really takes you. Do the same, "hover" over the sender of the email to find out it's not a trusted company, but rather someone's personal Gmail or other account.

Spelling or grammar errors or format issues likely indicate the email is a scam.

Never give out personal or financial information or passwords.

Look for generic greetings like "Dear Customer".

If the offers made in the email are "too good to be true", you know what to do.

Whenever information is sketchy or missing, like in an "evite" from a friend, like no date, time place, or purpose are missing.

What Can You Do?

Enable multi-factor verification on important accounts.

Don't click on attachments or links from unknown sources.

Never buy gift cards to make payments.

Mark those items as suspicious or spam or phishing and report them to your email service provider.

Keep your software (that operates your email account) up to date.

SITM Update

Co-President Marilyn Pearson
attchrnp@gmail.com
Co-President Lisa Robinson
lisarobinnson1952@gnaul.com

Editor Faye I. Andersen
fandersen@att.net
775-432-5822

Contributing to this issue

Marilyn Pearson	Kay Dunham
Lisa Robinson	Carmela Cipolinnii
Jeanne Naccarato	Margie Hermanson
Cynthia Cramer	Holly Nash
Liza Chapen	Debbie Handke
Millie Mitchell	Stacey Jensen

Soroptimist International of Truckee Meadows
P.O. Box 20125 • Reno, NV 89515
www.sitmnmv.org

Board Meets monthly on Tuesday
following the first Thursday, noon.

SITM Board 2023-24

Co-President
Marilyn Pearson
Lisa Robinson
President-Elect
Holly Nash
Vice President/Program
Mary Ann McCauley
Vice President/
Membership
Billie Mendiola
Secretary
Bev Perkins

Treasurer/General Fund
Pam Robinson
Treasurer/Service Fund
Cynthia Tashiro Cramer
Delegate
Debbie Richards
Director
Jeanne Naccarato
Parliamentarian
Doris Phelps



For information about our organization, check out these Soroptimist Websites:
Sierra Nevada Region: www.soroptimistsnr.org
Soroptimist International of the Americas: www.soroptimist.org
Soroptimist International: www.soroptimistinternational.org



SOROPTIMIST®
Investing in Dreams

Did you know . .

Big Goal Gains

"Invest in the dreams of half a million women and girls through access to education."
— Soroptimist' International of the America's 2021-2031 Big Goal

Thank you to everyone who positively impacted thousands of women and girls through our life-changing programs this past year, and helped us gain on our Big Goal. Let's celebrate our accomplishments.



READY TO BEGIN *a new life?*

live
YOUR
dream ***
education & training awards for women®

The Soroptimist *Live Your Dream: Education & Training Awards for Women* program has been helping women around the world since 1972. This program provides cash grants to women who are working to better their lives through additional schooling and skills training.

You are eligible to apply if you:

- ☐ are a woman with primary financial responsibility for yourself and your dependents
- ☐ are attending an undergraduate degree program or a vocational skills training program
- ☐ have financial need



Scan the QR code to apply or contact:



Soroptimist International of Truckee Meadows

Name: Cynthia Cramer

Email: SITMScholarships@gmail.com

Phone: 916-806-2561

Online: www.sitmnmv.org

Club Application Deadline: 11/15/2025

Amount of Club Award: Up to \$3,000

Notes: Be sure to scroll down to select TRUCKEE MEADOWS Club #116305

in the application portal!

